

The Virginian Pilot 06/05 Insert Variation

www.thecouponchallenge.com

Red-Not in insert

Blue-Variation

RedPlum Coupon Insert

Activa 4-Packs, 8 packs or 12 packs or tubs Save \$1.00/2 (7/31)

All laundry detergent 28 loads or larger Save \$1.00/1 (7/17)

Alli 90 or 120 ct. Save \$10.00/1 (6/30)*

Ball Park products any Save \$1.00/2 (7/1)

Disney or Marvel vitamin products Save \$1.00/1 (7/15)*

Domino Light or amber organic agave nectar Save \$1.00/1 (8/31)*

8th Continent Soymilk any carton Save \$1.00/1 (12/31)

Greenies canine dental chews 12oz or larger Save \$3.00/1 (7/31)

Johnson's baby or Johnson's natural product no buddies 1oz to 4oz Save \$.50/1 (8/15)*

Garnier fructis any shampoo, conditioner or treatment no trial Save \$1.00/1 (9/5)*

Garnier Fructis style product Save \$1.00/1 (9/5) ETS*

Kellogg's cereals 8.7oz or larger Save \$1.00/3 (7/17)*

L'Oreal Paris Skincare product Save \$1.00/1 (7/31)*

L'Oreal Preference Save \$2.00/1 (7/31)*

Met-Rx Protein Plus bar Buy One get One FREE to Save \$2.39 (7/31)*

Met-Rx Big 100 bar Buy one Get one Free up to Save \$2.39 (7/31)*

Millstone Coffee 10oz or larger prepack bag, 1/2 lb or more bulk or K-Cup portion packs Save \$1.50/1 (8/31)*

Nature Bounty vitamin or supplement Save \$1.00/1 (7/19)*

Nature Bounty Fle-a-min supplement Save \$3.00/1 (7/19)*

Nature Bounty Your Life multi supplement Save \$2.00/1 (7/19)*

Nestle Nesquik product ANY Save \$.50/1 (8/28)*

Newman's Own Lemonade Save \$.50/1 (7/30)

Newman's Own Pasta Sauce, salsa, lemonade, marinade, popcorn or cereal Save \$.50/1 (7/30)
*

Newman's Own Salad dresssing Save \$.75/1 (7/30)*

Newman's Own Thin & Crispy Pizza Save \$1.00/1 (7/30)*

Nivea for men face care product or TWO shave gels (0.5 fl oz – 7 oz) Save \$2.00/1 (7/30)*

Nivea for men body wash (8.4 fl oz- 16.9 fl oz) Save \$2.00/1 (7/30)*

Organic Valley flavored or regular half & half and soy creamer Save \$1.00/1 (6/30)

Perdue Frozen fully cooked product Save \$1.00/1 (7/31)*

Perdue refrigerated breaded product Save \$.50/1 (7/31)*

Pure Protein 4-pack of RTDs or Protein Powder Save \$2.00/1 (7/31)*

Pure Protein bar Buy one get one FREE up to Save \$1.69 (7/31)*

Sarna Anti-itch product Save \$2.00/1 (8/31)*

Scar Zone product Save \$1.50/1 (7/31)*

Snuggle fabric softener liquid or dryer sheets Save \$.75/1 (7/17)

Additions

Ball Park Buns \$0.55/1 (07/01)

Ball Park Deli Style Beef Franks \$0.75/1 (07/01)

Ball Park Products \$0.75/2 (07/01)

Rhodes Warm n Serve \$0.75/1 (09/30)

Nesquick and Edy's Ice Cream \$1 off both (08/28)

Smartsources coupon insert

A1 Steak Sauce or Marinade 10oz+ Save \$1/1 (7/3)

Ban ~~Save \$.40/1~~ \$1/2 (7/31)

Betty Crocker Suddenly Salad Mixes Save \$.50/2 (7/30)*

Bic Flex4 Razor 3-pack, Bic Flex3 Razor 4 pack Save \$3/1 (7/17)*

Bic Comfort 3 Advance Razor 4 pack, Bic Hybrid Advance Razor Save \$3/1 (7/17)

Chicago Cutlery Single Knife Save \$2/1 (8/31)*

Colgate Toothpaste 4 oz+ ~~Save \$.75/1~~ \$1/1 (6/25)

Colgate Adult or Kids Manual Toothbrush excluding Colgate Plus or Extra ~~Clean Save \$.75/1~~ 4\$/2 (6/25)

Duncan Hines Premium Cake Mix or Brownie Mix free to Save \$2.50 wyb any 2 Duncan Hines products (9/5)*

Dan-o-nino Dairy Snacks 6 or 12 pack Save \$1/1 (7/31)*

Danimals Save \$1/1 (7/31)*

Efferdent Save \$2/2 (7/30)*

Emery Cat Board no refills Save \$5/1(6/30)

Excedrin 20ct+ Save \$.75/1 (7/16)*

Excerin 80 ct+ Save \$1.50/1 (7/16)*

John Frieda Save \$2/1 (7/31)*

John Frieda Precision Foam Colour Save \$3/1 (8/27)*

French's Dijon Mustard Save \$.75/1 (9/30)*

Mentos UP2U Gum one pack Save \$1/1 (7/20)*

Mentos Gum 50 pc+ bottle Save \$1/1 (7/20)*

Mentos Gum 15 pc+ Save \$1/3 (7/20)*

Nexcare Save \$.55/1 (10/31)*

Old El Paso Tortilla Stuffers Microwavable Meal Save \$1/1 (7/30)*

Red Baron Singles Save \$.75/1 (8/7)*

Resolve Laundry Pre-Treat Save \$.50/1 (7/17)*

Resolve in-Wash Stain Remover Save \$1/1 (7/17)*

Seattle's Best Coffee Iced Latte 4-pack Save \$2/1 (8/7)*

Tully's K-Cup portion packs Save \$2/2 (7/31)

Tully's Coffee 12 oz bag Save \$1.50/1 (7/31)

V8 Splash 45 oz+ Save \$1/2 (7/17)*

V8 100% Vegetable Juice 46 oz+ Save \$1/1 (7/31)*

V8 100% Vegetable 46 oz+ Save \$2/2 (7/31)*

Welch's Fruit Snacks or Fruit 'n Yogurt Snacks 3 ct, 10ct, 24 ct, or 40ct ~~Save \$1/2~~ \$0.35/1 (7/17)

Welch's Fruit Snacks 40 ct box Save \$1.50/1 (7/17)

Yoplait Frozen Smoothie Save \$.75/1 (7/30)*

Additions

RevitaLens OccuTec Solution \$3/1 (07/11)

Cracker Creations by Lance \$1/1 (08/14)

Eight O'clock Coffee \$1/1 (07/24)

Eight O'clock Coffee \$2/2 (07/24)

Multiple Nature Made Vitamins (07/05)

Smart Balance Milk \$0.75/1 (07/20)

Smart Balance Butter \$1/2 (07/20)

FREE Seattles Best Can

Scotch Brite \$0.75/2 (07/15)

Better than Ears Dog Treats \$1/1 (09/05)

Rachel Ray dog Food 6lb bag \$3/1 (09/05)

Rachel Ray Dog Food B1G1 (09/05)

Ensure Multipack \$1/1 (08/25)

Ensure 4-pk \$2/1 (08/28)

P&G Insert Coupons

\$3 PUR or PUR Flavor Options System (Pitcher or Faucet Mount) (7/31)

\$1 any Prilosec OTC (7/31)

\$2 Fixodent Cleaner (7/31)

\$.50 Fixodent Adhesive (7/31)

\$2 any Metamucil (7/31)

\$1.50 Pampers Diapers or Pants (7/31)

\$1.50 Pampers Cruisers , Swaddlers or Extra Protection Diapers (7/31)

\$1 Oral B Pro-Health For Me CrossAction or Pulsar Manual Toothbrush (7/31)

\$1 Crest Pro-Health For Me Toothpaste (7/31)

Buy Olay Bar, Bodywash or In Shower Lotion, & get \$1 off Crest 3D White Vivid or Advanced Vivid Toothpaste (7/31)

\$5 Crest 3 D White 2 Hour Express, Professional Effects, Advanced Vivid 14 ct, Vivid, Stain Shield Gentle Routine Whitestrips ETS (7/31)

\$2 Crest Rinse 946 ml or larger (7/31)

\$2 Oral-B Pulsar Manual Toothbrush (7/31)

\$3 Oral-B Adult or Kids Battery Toothbrush (7/31)

\$1 Crest Rinse 440 ml or larger (7/31)

75c Crest Toothpaste 4 oz or more or liquid gel (7/31)

75c Oral-B Satin, Glide Floss 30M or more, or Glide Floss Picks 30 ct or higher (7/31)

B1G1 CrossAction Manual Brush – up to \$3.99 (7/31)

Buy 1 Venus Refills, get 1 Olay hand & body lotion FREE – up to \$7.00 (7/31)

Buy 2 Secret Scent Expressions, get 1 Secret body spray free – up to \$5.00 (7/31)

\$2 Venus refillable razor or pack of disposable razors (7/31)
\$1 Secret Clinical or Natural Minerals deodorant ETS (7/31)
\$5 two Covergirl Natureluxe products (7/31)
\$1 any Covergirl product (7/31)
\$1 Always Infinity, 14 ct or higher (7/31)
\$3 Two Tampax Pearl or Compak Pearl, 18 ct or higher (7/31)
\$1.50 Two Tampax, 18 ct or higher (7/31)
\$.50 Always Pads, Clean or Feminine Cleansing Cloths (7/31)
\$.50 Always Pantyliner, 30 ct or higher (7/31)
\$3 Olay Regenerist Facial Moisturizer or Facial Cleaner, ETS (7/31)
\$1 Olay Facial Moisturizer or Facial Cleanser, ETS (7/31)
\$3 Nice 'n Easy Perfect 10 or Color Blend Foam hair color (7/31)
\$1 Nice 'n Easy hair color (7/31)
\$1 Two Head & Shoulders Shampoo or Conditioner ETS (7/31)
\$1 TWO Pantene products ETS (7/31)
\$2 Gillette ProSeries Skin Care product (7/31)
\$4 Gillette Fusion ProGlide razor (7/31)
\$1 TWO Old Spice products 1.7 oz or larger (7/31)
Buy Old Spice Deodorant, get Old Spice Body Wash up to \$5.99 (7/31)
\$1 Gillette ProGlide or Fusion Shave Prep (7/31)
\$1 Gillette Deodorant (7/31)
\$10 Braun Male Series Shaver 3,5 or 7 (7/31)
B1G1 Gillette Bodywash, ets, up to \$4.99 (7/31)
\$.25 Charmin (7/31)
\$.50 Downy Liquid Fabric Softener or Dryer Sheets (7/31)
\$.25 Cascade (7/31)
\$1 Cascade Rinse Aid (7/31)
\$1 Bounty Napkins (7/31)
\$.35 Tide (7/31)
\$1 Tide To Go (7/31)
\$1 Tide Stain Release Product (7/31)
\$3 26-50 oz Powder, 15-34 ct DUO Pac or 36-68 oz liquid Tide Stain Release (7/31)