

Coupon Variations for The Post and Courier 3/29 below.

(2) RedPlum

(2) Smart Source

(1) Proctor & Gamble

## Proctor & Gamble 3/29

(All expire 4/30 unless marked & excl trial size)

\$2 off Always Discreet liner or pad, excl trial size

\$2 off Always Discreet underwear item, excl trial size

.50/1 Always pads or feminine wipes, excl Discreet and trial size

.50/1 Always pantliners, 30 ct. +, excl Discreet and trial size

\$1 off Always Radiant or Infinity pads, excl trial size

\$1 off Bounty combo – (1) Bounty product and (1) Charmin product, excl single roll and trial size

.25/1 Bounty product, excl trial size

.25/1 Charmin product, excl trial size

\$2 off Clairol hair color box, excl Age Defy

\$5/2 Clairol hair color boxes, excl Age Defy, Balsam and Textures & Tones (exp 4/12)

\$1.50 off CoverGirl face item, excl trial size

\$1.50 off CoverGirl mascara, eye shadow or eye liner

\$3 off Crest and Oral-B Sensi-Care combo pack, or 3D Whitening Duo

\$1.50/2 Crest or Oral-B toothpastes 3 oz +, rinses 237 ml +, Glide Flosses 35 M, or Glide Floss Picks 30 ct.

\$3/3 Crest or Oral-B toothpastes 3 oz +, rinses 237 ml +, Glide Flosses 35 M, or Glide Floss Picks 30 ct. +

.50/1 Duracell Coppertop, Quantum, Ultra Photo Lithium, Specialty Batteries, rechargeable batteries, charger, or hearing aid batteries 6 pk. +

.50/1 Febreze product, excl trial size

\$1.50/2 Febreze products, excl trial size

\$3/3 Febreze products, excl trial size

\$3 off Gillette Clinical or twin pk, excl trial size

\$1.50 off Gillette deodorant, excl trial size

\$3 off Gillette razor, excl trial size

.75/1 Gillette Venus or Satin Care shave gel, 7 oz +

\$3 off Gillette Venus razor, excl disposables and trial size

\$3/2 Head & Shoulders full size products, 380 mL + or 12.8 oz +

.35/1 Ivory or Safeguard bar pack, body wash or liquid hand soap, excl 1 ct. bar and trial size

\$1/2 Luvs bags or (1) box diapers, excl trial size

\$1 off Olay body wash, bar soap 4 ct. +, or hand & body lotion, excl trial size

\$3/2 Olay facial moisturizers or facial cleansers, excl Pro-X, Regenerist, Total Effects and Age Defying

\$3 off Olay Pro-X or Regenerist facial moisturizer or Facial Hair Removal, excl trial size

\$2 off Olay Total Effects or Age Defying facial moisturizer, excl trial size

.75/1 Old Spice product, excl trial size

\$2/2 Old Spice products, excl trial size

\$2 off Old Spice shampoo, 2-in-1 or styling item, excl trial size

\$3 off Oral-B Nighttime dental guard, excl trial size

\$1.50/2 Oral-B Pulsar, 3D White, Pro-Health, Complete, Sensi-Soft or Pro-Health Stages, For Me or Jr. or Kid's manual toothbrushes, excl trial size

\$3/2 Pampers bags or (1) box diapers or pants, excl trial size

\$1 off Pampers Easy Ups training pants or Underjams absorbent night wear, excl trial size

\$1 off Pampers Splashers swim pants, excl trial size

\$1 off Pantene Expert Collection, excl trial size

\$5/3 Pantene products, must include shampoo and conditioner or styler, excl 6.7 oz and trial size

\$2 off Pantene styler or treatment item, excl trial size

\$1 off Prilosec OTC item, excl trial size

.25/3 Puffs singles or (1) 3-pk, excl trial size

\$3 off Secret Clinical strength deodorant, excl trial size

\$1/2 Secret Outlast, Destinations, Scent Expressions deodorant or body sprays, excl .5 oz and trial size

.50/1 Swiffer refill or solution, excl trial size

\$1.50/2 Swiffer refills or solutions, excl trial size

\$1 off Swiffer sweeper or duster starter kit, excl trial size

\$5 off Swiffer WetJet, Sweep & Trap or SweeperVac starter kit

\$1 off Tampax Pearl or Radiant tampon, 16 ct. +

.50/1 Tampax product, 16 ct. +

.50/1 Tide detergents, Boost, To Go, Washing Machine Cleaner, or Downy or Bounce products, excl Tide detergent 10 oz., Downy Libre Enjuague, Tide Simply Clean & Fresh, Tide PODS, Downy Unstoppables, Bounce Bursts and trial size

\$1/2 Tide detergents, Boost, To Go, Washing Machine Cleaner, or Downy or Bounce products, excl Tide detergent 10 oz., Downy Libre Enjuague, Tide Simply Clean & Fresh, Tide PODS, Downy Unstoppables, Bounce Bursts and trial size

\$2/3 Tide detergents, Boost, To Go, Washing Machine Cleaner, or Downy or Bounce products, excl Tide detergent 10 oz., Downy Libre Enjuague, Tide Simply Clean & Fresh, Tide PODS, Downy Unstoppables, Bounce Bursts and trial size

\$2 off Vicks QlearQuil item, excl trial size

\$2 off Vicks ZzzQuil item, excl trial size

\$4 off Vidal Sassoon Salonist hair color, excl trial size

## RedPlum 3/29 #1

\$2 off ACT Advanced Care, excl trial size (exp 4/30)

\$1 off ACT product, excl trial size (exp 4/30)

\$3 off Advil regular or Film-Coated, 160 ct. + (exp 4/5)

\$1 off Advil regular, Film-Coated or Migraine, 40 ct. + (exp 5/13)

\$1 off Advil PM product, 20 ct. + (exp 5/13)

\$3 off Advil PM product, 80 ct. + (exp 4/5)

\$1 off all laundry product, excl trial size (exp 5/10)

\$3 off Allegra children's item (exp 4/26)

\$5 off Allegra product, excl D and children's, 24 ct. + (exp 4/26)

\$3 off Allegra D allergy & congestion item (exp 4/26)

.50/1 Best Foods product, 20 oz. + (exp 4/26)

\$2 off Caltrate product (exp 6/24)

B1G1 Cesar Home Delights tray (Exp 5/23)

.75/1 Cheez-It Crunch'd Baked Cheese snack, 8 oz (exp 5/10)

\$1/2 Dial regular or For Men body washes, bar soap 6 pk +, Baby or Kids body + hair washes, excl trial size (exp 4/18)

\$2 off Flonase 60 spray (Exp 5/10)

\$4 off Flonase 120 spray (Exp 5/10)

\$1 off Garnier Fructis shampoo, conditioner or treatment, excl trial size (exp 4/25)

\$1 off Garnier Fructis style items, excl trial size (exp 4/25)

\$2 off Garnier Nutrisse haircolor or color styler (exp 4/25)

\$3 off Garnier Olia Oil Powered haircolor (exp 4/25)

\$1 off Gold Bond lotion or cream, 2.4-8.1 oz (exp 5/30)

\$1.50 off Gold Bond Rough & Bumpy Skin, Eczema Relief, Diabetics' Dry skin Relief, or lotion 13 oz +, excl hand creams (exp 5/30)

\$1 off Grain Berry cereal (exp 7/31)

\$1/2 Hefty slider bags, 12 ct. + (exp 5/31)

\$1/2 Keebler Crackers 8 oz + (Exp 5/10)

\$1 off Kellogg's Eggo breakfast sandwiches, 4 ct. (exp 5/24)

\$1/2 King's Hawaiian product, excl dinner roll 4-pk (exp 5/31)

\$1 off Louana 100% pure coconut oil (Exp 5/24)

\$5 off Nasacort product (exp 4/26)

\$1 off New York Color eye. lip or nail item purchase, \$1.72 + (exp 4/12)

\$1 off New York Color eye. lip or nail item purchase, \$1.72 +, effective 4/12 (exp 5/16)  
\$4 off Osteo Bi-Flex product (exp 4/12)  
\$2 off Peet's Coffee K-Cup pack, 10-16 ct. (exp 5/10)  
\$2 off Pure Protein shake 23 g, 4-pk, or powder or value pack (exp 5/29)  
\$1/2 Pure Protein single bars (exp 5/29)  
.50/1 Purex Liquid Detergent 50 oz +, Purex Powder Detergent 71 oz, Purex UltraPacks 54 ct. + Purex Crystals 24 oz+ and Liquid Fabric Softener 100 oz (Exp 4/11)  
B1G1 Purina Beneful dog food bag, 3.5 lb or less, up to \$6.55 (exp 4/25)  
B1G1 Purina Beneful wet dog food item, up to \$2.29 (exp 4/25)  
B3G3 Renuzit Adjustables (exp 4/11)  
B2G2 Sheba perfect portions food for cats (Exp 4/25)  
B10G10 Sheba Brand Cans or Sheba Perfect portions (Exp 4/25)  
\$1 off Sheba multipack or perfect portions or (2) 12 ct. (exp 4/25)  
\$1 off Silver Palante Oatmeal (exp 7/31)  
\$1 off Silver Palante pasta sauce (exp 7/31)  
.50/1 Soft Scrub cream or spray 24 oz + (exp 4/11)  
.50/1 Success rice item (exp 6/20)  
\$1 off SuperPretzel soft pretzel item (exp 5/17)  
\$1/2 Tums 32 ct. + (Exp 5/31)  
\$1.50 off Tums Chewy Delight 32 ct. (Exp 5/31)  
.75/2 Wrigley's Juicy Fruit with Starburst flavors gum 15-ct. pk. (exp 6/27)  
.75/1 Wrigley's Juicy Fruit with Starburst flavors gum 3-pk., or (1) Fruity Chews 40 ct. bottle (exp 6/27)  
\$1/4 Uncle Ben's Brand Rice products (Exp 5/24)

## RedPlum 3/29 #2

\$1 off Aveeno product, excl cleansing or moisturizing bars, 2.5 oz body lotion and trial sizes (exp 5/24)  
\$1 off Benadryl adult or children's item (exp 4/26)  
\$2 off Bengay product (exp 4/26)  
\$1/3 Classico products (exp 5/24)  
\$1 off Classico Tomato Cream sauce (exp 5/24)  
.50/1 Hellmann's products 20 oz + (Exp 4/26)  
\$1.50 off Iams dry cat food, 4 lb. + (Target Coupon) (exp 5/2)  
\$2/10 Iams wet cat food cans, 2.47-3 oz (Target Coupon) (exp 5/2)  
.55/1 International Delight coffee creamer (exp 4/30)  
\$1/2 International Delight coffee creamers (exp 4/30)  
\$1 off International Delight Iced Coffee or Chai Tea Latte (exp 4/30)  
\$1/2 Johnson & Johnson's or Desitin products, excl Johnson's 1-4 oz and Desitin 1 oz (exp 5/24)

\$1 off Listerine mouthwash, 1 L + (exp 5/24)  
\$1 off Motrin IB, IB liquid gels, children's or PM item, excl trial size (exp 4/26)  
\$3/2 Motrin IB, IB liquid gels, children's or PM items, excl trial size (exp 4/26)  
\$3/3 Neosporin regular or Eczema Essentials, or Band-Aid bandages or first aid items, or Benadryl topical, must be (2) different brands, excl trial size, first aid kits, Band-Aid 10 ct. and First Aid To Go kits (exp 5/24)  
.75/1 No Gray Quick Fix box (exp 5/15)  
B1G1 Pedigree Treats for Dogs, up to \$4.05 (exp 5/23)  
\$1.50 off Polident product, 84 ct. + tablets (exp 4/30)  
\$10 off Rogaine Women's or Men's, 24 ct. + (exp 5/24)  
\$2 off Splenda Sweetener packets 80 ct. +, Sweetener Granulated 9.7 oz +, or any sugar blend item (exp 5/1)  
\$1 off Sudafed regular, PE, or children's item (exp 4/26)  
\$2.50/2 Temptations Snacky Mouse toy + .42 oz treat pack, 12 oz Super Mega, or 16 oz value size (Target Coupon) (exp 5/2)  
\$2.50/2 Tylenol products, excl trial size (exp 4/26)  
\$1 off Tylenol regular or extra strength, or PM item (exp 4/26)  
\$1 off Tylenol Sinus, Cold, children's or infant's item (exp 4/26)  
\$5 off Zyrtec adult 24 ct. +, or children's item (exp 4/19)

## Smart Source 3/29 #1

[.55/1 2000 Flushes Automatic Toilet Bowl Cleaner \(Exp 6/30\)](#)  
\$1 off Airborne product (exp 9/29)  
\$2 off Benefiber powder or stick packs (exp 4/11)  
\$2 off Bic disposable razor, excl trial size (exp 4/26)  
\$3 off Bic Flex 5 razor (exp 4/26)  
\$1 off Blue Diamond Almonds, 10 oz bag (exp 6/7)  
[\\$1/2 Blue Diamond Almonds, 6 oz cans \(exp 6/7\)](#)  
.75/1 Blue Diamond Artisan Nut Thins, 4.25 oz (exp 6/7)  
\$1/2 Blue Diamond Nut-Thins, 4.25 oz box (exp 6/7)  
\$1 off Country Time Lemonade starter drink mix (exp 5/10)  
[.50/1 Crystal Farms Natural shredded, sliced or block cheese \(Exp 5/23\)](#)  
\$2 off Depend bed or seat protector, 8 ct. + (exp 4/25)  
\$2 off Depend package, 8 ct. + (exp 4/25)  
\$2 off Depend Shields or Guards for Men, 8 ct. + (exp 4/25)  
.75/1 Easy-Off product (exp 5/15)  
[.50/1 Energizer batteries or flashlight \(exp 4/25\)](#)  
\$1.50 off Energizer EcoAdvanced batteries, AA or AAA 4 pk. (exp 4/25)

\$1.50 off Energizer EZ Turn & Lock hearing aid batteries, or any Ultimate Lithium, Advanced Lithium, Recharge Power Plus, or Recharge Universal batteries, AA or AAA 4-pk. + (exp 4/25)

\$1 off Ex-Lax or Perdiem product (exp 4/11)

\$2 off Excedrin product, 100 ct. + (exp 4/11)

\$3/2 Excedrin product, 24 ct. + (exp 4/11)

.50/1 Fiber One Soft-Baked or Crunchy cookies, 6 ct. + (exp 5/23)

.50/1 Finish Quantum Max, Max in 1, Powerball or Gelpac (exp 5/2)

.50/1 Finish Jet Dry Rinse Aid (Exp 5/2)

.75/1 Finish Machine Cleaner or Detergent booster (exp 5/2)

\$1.50 off Gas-X product, 18-20 ct. (exp 4/11)

\$2 off Gas-X product, 30 ct. + (exp 4/11)

.50/2 General Mills fruit snacks from Betty Crocker, Ocean Spray, Mott's, Sunkist or Fiber One (exp 5/23)

.35/1 Glass Plus product (exp 5/15)

\$3 off Hello Kitty, Carvel or OREO ice cream cake 46 oz (9/30)

\$5 off Hydroxycut select products (exp 6/30)

\$1 off Hydroxycut lean protein shakes, bars and drops (Exp 6/30)

.75/1 Johnsonville breakfast sausage (exp 5/31)

\$1 off Kool-Aid easy mix liquid (exp 5/10)

.75/1 LA Looks styling gel, 20-26 oz (exp 5/31)

.25/1 LA Looks styling item, 8 oz or smaller, excl 3 oz trial size (exp 5/31)

\$1.50 off Lysol Power & Free TapTop Multi-purpose Cleaner (exp 5/8)

.75/1 Lime-A-Way product (exp 5/15)

.95/1 Little Debbie snacks (exp 6/28)

.50/1 Maxwell House Coffee (exp 5/10)

\$1 off Mitchum excl. clinicl, trial size and twin packs (exp 5/2)

\$3 off Mitchum Men's or Women's Clinial excl. smart solid (exp 5/2)

\$2 off Mineral Ice product (exp 4/11)

.75/1 Mop & Glow product (exp 5/15)

.50/1 Mrs. Smith's pies 27.0 oz + (exp 5/9)

.50/2 Nature Valley Granola Bars, Protein Bars, Nut Crisp Bars, Granola Thins, Soft-Baked Oatmeal Squares or breakfast biscuits, or Fiber One chewy bars, protein bars, 90 calorie items, Streusel Bars, or Meal bars, 5 ct. + (exp 5/23)

.75/1 Old English product (exp 5/15)

\$1/2 Ore-Ida frozen potato items, 19 oz + (exp 5/31)

.30/2 Pillsbury refrigerated Grands! biscuits (exp 6/20)

.40/2 Pillsbury regular or Grands! Crescent dinner rolls (exp 6/20)

\$2 off Poise pads or liners, excl 14-26 ct. liners and 10 ct. pads (exp 4/25)

\$1 off Rid-X septic system treatment items (exp 5/15)  
\$3 Revlon Ultra HD Lipstick (Exp 4/12)  
\$1 off Schiff Digestive Advantage (exp 9/29)  
\$1 off Schiff MegaRed (exp 9/29)  
\$2 off Schiff Move Free (exp 9/29)  
\$1 off Spice Islands product (exp 4/26)  
.55/1 Spot Shot Carpet Stain and Odor Eliminator (Exp 6/30)  
\$3 off TheraTears Eye Care product (exp 6/30)  
\$1 off Woolite product, 50 oz + (exp 5/9)  
\$1/5 Yoplait Greek, Greek 100 or Greek 100 Whips! yogurt cups (exp 5/23)  
.50/1 Zest body wash (exp 5/10)  
.50/1 Zest soap, 3-bar + (exp 5/10)

## Smart Source 3/29 #2

\$3 off 3M Headlight Renewal (exp 6/30)  
.75/1 Alexia frozen potatoes or onion rings (exp 5/10)  
\$1 off Arm & Hammer Clean Scentsations in-wash freshness booster (exp 4/29)  
\$1/2 Arm & Hammer liquid, powder or single use detergents (exp 4/26)  
.75/1 Arm & Hammer Spinbrush adult manual toothbrush (exp 5/10)  
.75/1 Arm & Hammer Toothpaste or Whitening Booster, 2.5 oz + (exp 5/10)  
.75/1 Arm & Hammer Truly Radiant rinse (exp 5/10)  
\$4 off Bausch+Lomb Preservision 120 ct. + (exp 5/31)  
\$1 off BC product 18 ct + (Exp 5/3)  
\$1 off Birds Eye C&W Vegetable Variety (exp 5/29)  
\$1 off Blink contacts lubricant eye drops or Blink-N-Clean lens drops (exp 5/4)  
\$2 off Blink Tears or Geltears (exp 5/4)  
\$1.50 off Bronkaid (Exp 5/28)  
.75/1 Clorox Pump 'N Clean item (exp 5/29)  
.75/1 Clorox ScrubSingles item (exp 5/29)  
\$1.50 off Clorox Toilet Wand Starter Kit or refill pk. (exp 5/29)  
.75/1 Clorox Triple Action Dust Wipes (exp 5/29)  
\$1 off Complete solution, 12 oz + (exp 5/4)  
\$1 off Coppertone sunscreen, 4 oz + (Target Coupon) (exp 5/24)  
\$1.50 off Dr. Scholl's insoles item (Target Coupon) (exp 4/11)  
.75/1 Edwards pie (exp 5/9)  
\$3/2 Ensure multipacks (exp 5/24)  
.75/1 Farmer John bacon (exp 5/29)

\$1/2 Farmer John breakfast sausage (exp 5/29)

\$1 off Goody's Headache Relief Shot (exp 5/31)

\$1 off Goody's powder 16 ct. + (Exp 5/31)

\$1.50 off Jergens Natural Glows Instant Sun Sunless Tanning Mousse (Exp 5/2)

\$1 off Jergens Natural Glows Color Primer in Shower Scrub or Tan Extender Daily Moisturizer (Exp 5/2)

.50/1 Kaboom Foam-Tastic, No Drip Foam or Bowlblaster cleaners (exp 5/9)

.50/1 Kaboom shower, tub & tile or Shower Guard Daily Shower Cleaner (exp 5/9)

\$1/2 Kraft Natural Cheese (Exp 4/30)

\$2 off MagniLife Restless Legs cream (exp 5/25)

\$1.50 off Neo-Synephrine (Exp 5/28)

\$4/2 OxiClean dishwasher detergent Extreme Power Crystals (exp 5/9)

\$1 off OxiClean dishwasher item (exp 5/9)

.50/1 OxiClean pre-treater (exp 5/10)

\$1 off OxiClean Versatile Stain Remover, 3 lb. +, or Odorblasters (exp 5/10)

\$1 off OxiClean Washing Machine Cleaners (exp 5/10)

\$1.50 off OxiClean White Revive, 2-in-1 liquid or paks (exp 5/10)

Free Purina Beggin 7 oz or smaller, up to \$3.75, WYB Beggin 6 oz + (exp 6/29)

B1G1 Purina Friskies Party Mix 2.1 oz, up to \$1.69 (exp 6/29)

\$1 off Purina One dry cat food, 3.5 lb. + (exp 6/15)

\$3 off Purina One Smartblend True Instinct dry dog food (exp 6/30)

B2G1 Purina One wet cat food cans, 3 oz, up to \$.95 (exp 6/15)

\$1 off Purpose bar soap (exp 6/30)

\$2 off Purpose cleanser or moisturizer (exp 6/20)

\$2 off RevitaLens Ocutec solution, 10 oz (exp 5/4)

\$4 off RevitaLens Ocutec solution, 20 oz + (exp 5/4)

.75/1 Sargento Tastings Cheese (exp 5/24)

.75/1 Sargento Tastings Cheese (exp 6/21)

\$1 off Smithfield Spiral Ham (exp 6/30)

\$1/2 Smithfield bacon (exp 5/31)

\$2 off Stopain product (exp 6/21)

\$2 off Valvoline Full Synthetic High Mileage or Full Synthetic motor oil, 5 qt jug, or (5) 1 qt. (exp 4/30)

\$1 off White Cloud Green Earth Bath Tissue or Paper Towels (Exp 5/31)

\$1 off Wright Brand Bacon (exp 5/10)

\$2 off Zim's product (exp 4/12)