

Coupon Variation for the Post and Courier 7/01 below. You will get (1) inserts in your paper this weekend!

Be on the lookout for:

(1) **Proctor & Gamble** insert

Proctor & Gamble 07/01

\$2 off Align Gummies, excl trial size (exp 7/28)

\$2 off Always Discreet incontinence liner, excl trial size (exp 7/28)

\$3 off Always Discreet incontinence pad, underwear, or Boutique underwear, excl Discreet liners and trial size (exp 7/28)

.50/1 Always liners 30-ct+, or wipes 20-ct+, excl Discreet (exp 7/28)

\$1 off Always Radiant, Infinity, or Pure & Clean pads, 11-ct+, excl Discreet (exp 7/28)

\$3/2 Always Radiant, Infinity, or Pure & Clean pads, 11-ct+, excl Discreet (exp 7/28)

.50/1 Always Ultra or Maxi pads 11-ct+, excl Radiant, Infinity, Pure & Clean, Discreet (exp 7/28)

\$1 off Bounty paper towel product 4-ct+, incl 2 huge roll (exp 7/28)

\$2 off Cascade ActionPacs 30-ct+, excl trial size (exp 7/14)

.50/1 Cascade Rinse Aid or Dishwasher Cleaner, excl trial size (exp 7/14)

.25/1 Charmin flushable wipes, excl 10-ct (exp 7/14)

\$1 off Charmin toilet paper, 4+ mega rolls, incl Mega Plus and Super Mega, excl single rolls; (exp 7/28)

\$5 off Crest 3D White Glamorous White, 1HR Express, Professional Effects, FlexFit, Gentle Routine, Monthly Whitening Boost, Vivid or Whitestrips with Light, excl Noticeably White and trial size (exp 7/14)

\$1 off Crest mouthwash 473 mL/16 oz+, excl trial size (exp 7/14)

\$1 off Crest toothpaste or liquid gel 3 oz+, excl 4.6 oz Cavity, Baking Soda, and Tartar Control/Protection, and trial size (exp 7/14)

.25/1 Dawn dishwashing liquid, 8 oz, excl trial size (exp 7/14)

\$1 off Dawn Ultra 16.2 oz+, excl Simply Clean and trial size (exp 7/14)

\$1 off Downy liquid fabric conditioner 40 load or less, Bounce or Downy sheets 80-ct or less, or In Wash Scent Boosters 4.9 oz or less – Downy Unstopables or Fresh Protect or Infusions, or Bounce Bursts, Dreft Blissfuls or Gain Fireworks, excl Downy Libre Enjuague and trial size (exp 7/28)

\$2 off Downy liquid fabric conditioner 48-60 load, Bounce or Downy sheets 90-120 ct, or In Wash Scent Boosters 6.5 oz+ – Downy Unstopables or Fresh Protect or Infusions, or Bounce Bursts, or Dreft Blissfuls, excl Downy Libre Enjuague, Gain Fireworks, and trial size (exp 7/28)

\$3 off Downy liquid fabric conditioner 72 load+, Bounce or Downy sheets 160-ct+, or In Wash Scent Boosters 10 oz+ – Downy Unstopables or Fresh Protect or Infusions, or Bounce Bursts, or Dreft Blissfuls, excl Downy Libre Enjuague, Gain Fireworks, and trial size (exp 7/28)

B1G1 Febreze product, up to \$3.29, excl trial size (exp 7/14)

\$2.50 off Fixodent adhesive twin or triple pack, 1.4 oz+, excl trial size (exp 7/28)

\$1 off Fixodent adhesive, 1.4 oz+, excl trial size (exp 7/14)

\$5/3 Gain detergents – Flings or liquid or powder, or fabric enhancers – Fireworks or dryer sheets or liquid fabric enhancers, excl dryer sheets 40-ct or less, Gain Flings 9-ct or less, and trial size (exp 7/14)

.50/1 Gain dishwashing liquid, 21.6 oz+ (exp 7/14)

\$3 off Gillette disposable 2-ct+, excl Sensor2 2-ct (exp 7/28)

\$2 off Gillette razor, excl Gillette3, Gillette5, and disposables (exp 7/28)

\$4/2 Head & Shoulders products 380ml/12.8 oz+, or Clinical Solutions, excl trial size (exp 7/14)

\$4/2 Herbal Essences bio:renew shampoo, conditioner or styling products, excl 100 mL shampoo and conditioner, color, body wash and trial size (exp 7/14)

\$1 off Luvs diapers, excl trial size (exp 7/14)

\$2 off Metamucil fiber supplement (exp 7/28)

\$2 off Metamucil Fiber Thins (exp 7/28)

.25/1 Mr. Clean product, excl trial size (exp 7/28)

\$1.50 off Olay bar soap 4-ct+ or body wash, excl 1 bar and trial size (exp 7/14)

\$2 off Olay Daily Facial Cloths 33-ct+, or Cleansing Infusion facial cleanser, excl trial size (exp 7/28)

\$2 off Olay Eyes or Whips Facial Moisturizer, Regenerist, Total Effects or Luminous facial moisturizer, excl trial size (exp 7/28)

\$1 off Old Spice 2-in-1 or styling products, excl trial size (exp 7/14)

\$1 off Old Spice body wash or bar soap, excl trial size (exp 7/14)

\$1 off Old Spice or Gillette deodorant, excl trial size (exp 7/14)

\$1 off Oral-B adult manual toothbrush, excl kid's, Healthy Clean, Cavity Defense and trial size (exp 7/14)

\$3 off Pampers diapers or Easy Ups training underwear, (2) bags or (1) box , excl trial size (exp 7/14)

\$5 off Pampers Easy Ups training underwear or Splashers swim diapers, (2) bags or (1) box , excl trial size (exp 7/14)

.50/1 Pampers or Luvs wipes, 56-ct+, excl trial size (exp 7/14)

\$3/2 Pantene Charcoal or Micellar items, excl Micellar shampoo 12.6 oz and conditioner 12 oz, and trial size (exp 7/14)

\$1 off Pantene Expert or Gold Series item, excl trial size (exp 7/14)

\$1 off Pantene product, excl trial size (exp 7/14)

\$5/3 Pantene products, excl trial size (exp 7/14)

\$1 off Pepto Bismol liquid 8 oz+ or chewables or caplets 40-ct+ (exp 7/28)

\$2 off Prilosec OTC product, 14-ct (exp 7/28)

\$5/2 Prilosec OTC products, 28-ct+ (exp 7/28)

.50/1 Puffs facial tissues, incl multi-packs, excl to go singles (exp 7/14)

\$2 off Secret or Gillette clinical, 1.6 oz+ (exp 7/14)

.50/1 Secret Outlast, 2.6 oz+, excl trial size (exp 7/14)

\$2 off Swiffer refill or WetJet solution, excl trial size (exp 7/28)

\$2 off Swiffer starter kit, excl 360 Duster Starter Kits 1 & 2-ct and trial size (exp 7/28)

\$3/2 Tampax Pearl or Radiant Tampons, or Pure & Clean Tampons, 16-ct+ (exp 7/28)

\$3 off Tide detergent, excl PODS, Rescue, Simply, Simply PODS, detergent 10 oz and trial size (exp 7/28)

\$3 off Tide PODS, excl liquid or powder laundry detergent, Simply detergent and PODS, PODS 5-ct, and trial size (exp 7/28)

\$3 off Venus or Daisy disposable 2-ct+, excl daisy 2ct (exp 7/28)

\$3 off Venus razor, Bikini Precision, or Face Perfection, excl disposables (exp 7/28)

\$5 off Venus refill pack 4-ct+, excl disposables, razors, gel/foam, and trial size (exp 7/28)

\$1 off Vicks ZzzQuil regular or Pure Zzqs product, excl trial size (exp 7/14)