

Coupon Variation for the Post and Courier 7/08 below. You will get (3) inserts in your paper this weekend!

Be on the lookout for:

(2) RetailMeNot inserts, (combined into one list below), and

(1) SmartSource insert

RetailMeNot 07/08

[.40/1 Barbasol Shaving Cream 10 oz + \(exp 8/4\)](#)

\$1.50 off Biotene product, excl .8 oz size (exp 8/8)

\$3 off Centrum MultiGummies, 70-ct+ (exp 7/22)

\$3 off Centrum or Centrum Silver multivitamin 60-ct+, or Centrum Multi+ Probiotics 30-ct, excl trial size (exp 7/22)

\$2 off Dove baby product, 13 oz+, excl bars, wipes, and gift sets, limit (2) identical coupons per shopping trip (exp 7/22)

[.75/1](#) Dove beauty bar, 4-ct+, excl trial size, limit (2) identical coupons per shopping trip (exp 7/29)

\$1 off Dove Chocolate Covered Dusted Nuts or Fruit & Nut item, 5.5 oz+; limit (1) identical coupon per shopping trip (exp 8/19)

Free Dove Men+Care body wash 13.5 oz+ up to \$6, WYB (1) body wash 13.5 oz+ or exfoliating body polish 10.5oz, excl trial size; limit (2) identical coupons per shopping trip (exp 7/29)

\$2 off Dove Men+Care Dermacare product, excl trial size, Dove and non-Dove Men+Care DermaCare; limit (2) identical coupons per shopping trip (exp 7/21)

\$5 off Dr. Scholl's Athletic Series insoles, \$8.95+ (exp 7/22)

\$5 off Dr. Scholl's Comfort & Energy or Pain Relief insoles, \$8.95+ (exp 7/22)

\$3 off Dr. Scholl's Freeze Away wart remover product (exp 7/22)

\$2 off Dr. Scholl's Stylish Step insoles or Duragel callus, corn, or bunion product, \$4.95+ (exp 7/22)

\$3 off FDgard product (exp 1/8/2020)

\$3 off Fiber Choice product (exp 1/8/2020)

\$4/2 Garnier Fructis shampoo, conditioner, treatment, or styling product, excl 2-3 oz (exp 7/21)

\$4/2 Garnier Nutrisse products (exp 8/4)

\$2 off Garnier SkinActive product, excl trial and masks (exp 8/4)

\$2 off Garnier Whole Blends shampoo, conditioner, or treatment, excl 3 oz and care creams (exp 7/21)

\$3 off IBgard product (exp 1/8/2020)

.50/1 Kellogg's Chocolate Frosted Flakes Cereal, 10.2 oz+ (exp 8/19)

.50/1 Kellogg's Froot Loops Wild Berry Cereal, 10 oz+ (exp 8/19)

.50/1 Kellogg's Raisin Bran with Bananas Cereal, 14.5 oz+ (exp 8/19)

\$1 off Kibbles 'n Bits dry dog food, bag (exp 9/8)

\$2 off Kroger Brand Omeprazole delayed release tablets 20 mg, or Delayed Release Orally Disintegrating Tablets 20 mg, or Esomeprazole Magnesium Delayed Release Capsules 20 mg, 42-ct (exp 11/30)

\$2 off L'Oreal cosmetic face product, excl Magic Perfecting Base .17 oz (exp 8/4)

\$1 off L'Oreal Elvive or Hair Expert hair care item, or Advanced Hairstyle item, excl 1 and 3 oz shampoo and conditioner (exp 8/4)

\$4/2 L'Oreal Elvive or Hair Expert hair care items, or Advanced Hairstyle items, excl 1 and 3 oz shampoo and conditioner (exp 8/4)

\$1 off L'Oreal Magic Root cover up spray (exp 8/4)

\$2 off L'Oreal Superior Preference, Excellence, or Age Perfect haircolor product (exp 8/4)

\$6/2 L'Oreal Superior Preference, Excellence, or Age Perfect haircolor products (exp 8/4)

\$3 off Lamisil product (exp 8/4)

\$2 off Mitchum deodorant, excl trial and twin pack (exp 8/4)

\$¼ Muuna Cottage Cheese products 5.3 oz (Exp 8/5)

\$½ Muuna Cottage Cheese 16 oz (Exp 8/5)

\$1 off Parodontax product (exp 8/5)

\$2 off Persil ProClean laundry detergent, excl 6 loads or less trial size; limit (1) identical coupon per shopping trip (exp 8/5)

\$3 off Persil ProClean Power-Caps laundry detergent, excl Power-Liquid laundry detergent and 6 loads or less trial size; limit (1) identical coupon per shopping trip (exp 8/5)

\$2 off Pure Silk or Barbasol 3 or 6 Blade Premium Disposable Razor 3 ct + (Exp 8/4)

.80/1 Pure Silk Shave Cream 7.25 oz + (Exp 8/4)

B3G1 Renuzit Adjustables air freshener, up to \$1.10, limit (1) identical coupon per shopping trip (exp 7/22)

.75/1 Renuzit Adjustables multipack, 3-pk+; limit (1) identical coupon per shopping trip (exp 7/22)

\$4/2 Schwarzkopf Gliss hair repair products, limit (1) identical coupon per shopping trip (exp 7/22)

\$2 off Simple product, excl trial size; limit (2) identical coupons per shopping trip (exp 7/22)

.75/1 Stainmaster carpet high traffic cleaner or pet high traffic cleaner (exp 9/8)

.75/1 Stainmaster carpet stain remover or pet stain remover (exp 9/8)

SmartSource 07/08

.55/1 2000 Flushes automatic toilet bowl cleaner (exp 10/7)

\$4 off 9Lives cat food, Meaty Classics, Variety Pack 198 oz (Publix coupon) (exp 8/1)

\$5/3 AdvantEDGE Carb Control Shakes 4-pk 11 oz, or Myoplex Original Shakes 4-pk 17 oz, or Myoplex Shred Shakes 4-pk 473 mL bottles (Publix coupons) (exp 7/31)

\$10 off Amope Pedi Perfect Pro or Wet & Dry rechargeable foot file, limit (2) coupons per shopping trip (exp 7/22)

\$5 off Amope Pedi Perfect refill, limit (2) coupons per shopping trip (exp 7/22)

\$1 off Atkins Meal, Snack or Indulge Bar, 1.4-6 oz (Publix coupon) (exp 7/31)

\$2 off Ball or Kerr jars, 12-pk case (exp 8/8)

\$2 off Ball or Kerr Lids with Bands (exp 8/8)

\$2 off Ball Sharing Jars, 4-pk case (exp 8/8)

\$1 off Ban Roll-On deodorant, excl trial size (exp 8/4)

\$3 off Bausch+Lomb OcuVite blue light item, limit (2) coupons per shopping trip (exp 9/8)

\$3 off Bausch+Lomb OcuVite product, limit (2) coupons per shopping trip (exp 9/8)

.50/2 Betty Crocker Fruit Shapes, Fruit by the Foot, Fruit Gushers or Fruit Rollups, or Motts or Sunkist Fruit Flavored Snacks (exp 9/1)

\$2 off BIC disposable razor pack, excl trial size, limit (2) coupons per shopping trip (exp 7/21)

\$1.50 off Biore product, excl trial size (exp 8/5)

B3G1 Blue Buffalo dog food, Homestyle Recipe, 12.5 oz can (Publix coupon) (exp 8/1)

\$3 off Cat's Pride Fresh & Light cat litter Ultimate Care, 10 lb jug (Publix coupon) (exp 8/1)

\$3 off Clairol Age Defy, Vidal Sassoon, or Natural Instincts Crema Keratina hair color, excl Vidal Sassoon shampoo, conditioner and styler (exp 7/21)

\$2 off Clairol hair color, excl Color Crave, Temporary Root Touch-Up, Age Defy, Balsam, and Textures & Tones (exp 7/21)

\$6/2 Clairol hair color, excl Color Crave, Temporary Root Touch-Up, Age Defy, Balsam, and Textures & Tones (exp 7/21)

\$3 off Clairol Temporary Root Touch-up, Color Crave, or Specialty Blending Collection (exp 7/21)

.50/1 Clorox Scentiva product (exp 8/8)

\$1/2 Clorox Scentiva products (exp 8/8)

.50/1 Colgate toothpaste, 3 oz+ (exp 7/21)

\$2 off Compound W Freeze Off item (exp 8/30)

\$1 off Compound W product (exp 8/30)

\$1.50 off Curel Moisturizer, 6 oz+ (exp 8/5)

\$1 off Debrox Drops or Kit (exp 8/30)

\$3 off Ensure multipack, limit (2) coupons per shopping trip (exp 9/1)

\$5 off Evolve dog food, Grain Free, Super Premium, 12 or 14 lb bag (Publix coupon) (exp 8/1)

\$1/3 General Mills Cheerios, Cinnamon Toast Crunch, Lucky Charms, Reese's Puffs, Chex, Blasted Shreds, Cocoa Puffs, Trix, Cookie Crisp, Golden Grahams, Kix, Fiber One, Wheaties, Raisin Nut Bran, Total, Basic 4, Oatmeal Crisp, Nature Valley boxed cereal, or Nature Valley granola (exp 8/18)

.50/2 General Mills Chex Mix, Chex Mix Muddy Buddies, Chex Mix Popped, or Bugles corn snacks or Gardetto's snack mix, 3.7 oz+ (exp 9/1)

\$2 off Glucerna Mini Treats or Snack Bars, box, limit (2) coupons per shopping trip (exp 9/1)

\$3 off Glucerna multipack shake, limit (2) coupons per shopping trip (exp 9/1)

\$1 off Gold Bond Men's Essentials powder, excl 1 oz or less (exp 10/8)

\$1 off Gold Bond powder, excl 1 oz or less (exp 10/8)

\$1 off Hi-Chew product (exp 12/31)

\$1/2 Hormel Compleats, incl Dinty Moore trays, Compleats XL items, and Sandwich Makers trays (exp 9/3)

\$1.50 off Jergens moisturizer 8 oz+, excl Wet Skin moisturizer, and soap (exp 8/5)

\$1 off Jergens Natural Glow item, excl trial size (exp 8/5)

\$3 off Jergens Wet Skin moisturizer, 10 oz+ (exp 8/5)

\$3/2 John Frieda products, excl trial size, appliances, and tools (exp 8/5)

\$1 off Louis Kemp Crab Delights or Lobster Delights (exp 12/8)

\$4 off Meow Mix cat food, 66 oz (Publix coupon) (exp 8/1)

\$3 off Milk Bone Dog Snacks for Dogs of All Sizes, 36 or 40 oz (Publix coupon) (exp 8/1)

.50/2 Nature Valley Granola Bars, Biscuits, Granola Cups, Layered Granola Bars, Soft-Baked Filled Squares, or Peanut or Almond Butter Granola Bites Pouch, 5-ct+ boxes (exp 9/1)

\$2 off Neutrogena product, excl acne products, bar soap, 7-ct makeup remover cleansing towelettes, facial masks and pods, trial sizes, and clearance products, limit (1) coupon per shopping trip (exp 8/5)

\$1 off Nivea body wash product 8.4 or 13.5 oz (exp 7/21)

\$3/2 Nivea women body wash, Silk Mousse, or foaming oil products, or men body wash 8.4 or 13.5 oz, excludes any other sizes 8.4 and 13.5 oz (exp 7/21)

\$7/2 PediaSure multipacks, limit (2) coupons per shopping trip (exp 8/5)

\$3 off Pup-Peroni dog snacks, 25 oz pouch (Publix coupon) (exp 8/1)

B1G1 Purina Beneful dog food, Simple Goodness, 56.4 oz (Publix coupon) (exp 8/1)

B1G1 Purina Beyond dog food, Beyond Natural, Grain Free, 13 oz can (Publix coupon) (exp 8/1)

B1G1 Purina Beyond Simple Origins dog food Grain Free, 13 oz can (Publix coupon) (exp 8/1)

\$3 off Rachael Ray Nutrish Food for Dogs, 3.75-28 lb bag (Publix coupon) (exp 8/1)

B1G1 Rachael Ray Nutrish Food for Dogs, Naturally Delish, 8 oz tub (Publix coupon) (exp 8/1)

\$3/2 Refresh products (exp 9/30)

\$5 off Refresh Repair, Mega-3, or Gel Drops (exp 9/16)

.50/1 Russell Stover sugar free candy, 3 oz+ (exp 8/5)

.55/1 Spot Shot instant carpet stain remover (exp 10/7)

\$3 off Tena product (exp 7/22)

.50/1 Tic Tac Gum, mints or Mixers, 1 oz single pack (exp 9/10)

\$6 off Valvoline Full Synthetic, Full Synthetic High Mileage, or Modern Engine motor oil, (2) 5-qt jugs, or (10) individual quarts (exp 8/21)

\$1 off Veet product, limit (2) coupons per shopping trip (exp 8/4)