

2019

COUPON INSERT SCHEDULE



SouthernSavers.com

January

6 — (3) RMN & (3) SS
13 — (1) SS
20 — (1) RMN & (1) SS
27 — (2) RMN, (1) SS, & P&G

February

3 — (1) RMN & (1) SS
10 — (2) RMN & (1) SS
17 — **No Inserts**
24 — (1) RMN, (1) SS

March

3 — (1) RMN & (2) SS, & P&G
10 — (1) RMN & (1) SS
17 — (2) RMN & (1) SS
24 — (1) SS
31 — (2) RMN & (1) SS, & P&G

April

7 — (1) RMN & (1) SS
14 — (2) RMN & (1) SS
21 — **No Inserts (Easter)**
28 — (1) RMN & (2) SS

May

5 — (2) RMN & (1) SS
12 — (2) RMN & (1) SS
19 — (1) RMN & (1) SS
26 — **No Inserts (Memorial Day)**

June

2 — (1) RMN & (1) SS, & P&G
9 — (2) RMN & (1) SS
16 — (1) RMN & (1) SS
23 — (1) SS
30 — (1) RMN & (1) SS, & P&G

July

7 — **No Inserts (Independence Day)**
14 — (2) RMN & (1) SS
21 — (1) RMN & (1) SS
28 — (1) RMN & (2) SS, & P&G

August

4 — (2) RMN & (1) SS
11 — (1) RMN & (1) SS
18 — (1) RMN & (1) SS
25 — (2) RMN, (1) SS, & P&G

September

1 — **No Inserts (Labor Day)**
8 — (2) RMN & (2) SS
15 — (1) SS
22 — (1) RMN & (1) SS
29 — (1) RMN, (2) SS, & P&G

October

6 — (1) RMN & (1) SS
13 — (1) SS
20 — (2) RMN & (1) Smart Source
27 — (1) RMN, (1) SS, & P&G

November

3 — (2) RMN & (1) SS
10 — (1) RMN & (1) SS
17 — (1) RMN & (1) SS
24 — P&G

December

1 — (1) RMN & (1) SS
8 — (1) RMN & (1) SS
15 — **No Inserts**
22 — **No Inserts**
29 — P&G

*Note: These are based on historical trends and will change slightly.
Updates and weekly insert previews are posted each Wednesday at 5pm.*