

Coupon Variation for the Post and Courier 08/25/19, below. You will get up to three inserts in your paper this weekend!!

Be on the lookout for:

(1) Proctor & Gamble,

(1) RetailMeNot, and

(1) SmartSource inserts.

Remember there are DIFFERENCES BETWEEN EVERY CITY and the coupons you get will vary somewhat from the preview. Check back next Wednesday to get the exact list of what came out in your area.

Look at the 2019 COUPON INSERT SCHEDULE if you are curious about future dates.

More coupons added 8/22!!!

Proctor & Gamble 08/25

(most exclude trial sizes)

\$2 off Always Discreet Incontinence Product, excl trial (exp 9/28)

\$1 off Always Radiant, Infinity, Pure, Ultra, or maxi pads, 11-ct+, excl liners, Discreet and trial (exp 9/28)

\$1 off Bounty paper towels, 4-ct+, incl 2 Huge Roll, excl trial (exp 9/7)

.25/1 Cascade Dishwasher detergent, Rinse Aid, or Dishwasher cleaner, excl trial (exp 9/7)

.25/1 Charmin Flushable Wipes, excl 10-ct trial (exp 9/7)

\$1 off Charmin toilet paper, 4 mega-roll+, incl Mega Plus & Super Mega, excl single rolls (exp 9/4)

\$5 off Crest 3D White Whitestrips Kit, excl Noticeably or Classic White, or Original or Gentle or Express Whitening Kit, and trial (exp 9/7)

\$1 off Crest Mouthwash 473 mL/16 oz+ (exp 9/7)

\$2 off Crest Toothpaste 3 oz+, excl Cavity, Regular, Baking Soda, Tartar Control/Protection, F&W Pep Gleem, Kids and trial (exp 9/7)

\$1/2 Dawn Ultra Dishwashing Liquid, or Platinum Foam, excl Simply Clean and trial (exp 9/7)

\$1 off Downy Liquid Fabric conditioner 48-60 load incl Infusions, Nature Blends 44 oz and Odor Protect 32 oz, OR Bounce or Downy Sheets 70-120 ct or In-Wash Scent Boosters 5.7 oz, incl Downy Unstopables, Infusions, Fresh Protect, Odor Protect and Dreft Blissfuls, excl Gain Fireworks, Downy or Bounce WrinkleGuard, Downy Libre Enjuague and trial (exp 9/21)

\$2 off Downy Liquid Fabric Conditioner 72-ld+, incl Downy Natural Blends 67 oz+ or Odor Product 48-oz+, or Bounce or Downy Sheets 130-ct+, or In-Wash Scent Boosters 8.6 oz+, incl Downy Unstopables, Infusions, Fresh Protect and Odor Protect, excl Gain Fireworks, Dreft Blissfuls, Downy or Bounce WrinkleGuard, Downy Libre Enjuague and trial (exp 9/21)

\$2 off Downy WrinkleGuard Liquid Fabric Conditioner 25 oz, or Downy or Bounce WrinkleGuard Sheets 40-60 ct, or Bounce Rapid Touch-Up 3 in 1 spray 9.7 oz, excl Downy Natural Blends, In Wash Scent Boosters, Infusions, Unstopables, Fresh Protect, Libre Enjuague and trial (exp 9/28)

\$3 off Downy WrinkleGuard Liquid Fabric Conditioner 40 oz+, or WrinkleGuard Sheets 80-ct+, excl Natural Blends, In-Wash scent boosters, Infusions, Unstopables, Fresh Protect, Libre Enjuague, and trial (exp 9/28)

\$2 off Dreft Newborn or Active Baby Detergent, or Pure Laundry Detergent, excl trial (exp 9/28)

Free Febreze Plug scented oil warmer, up to \$3, excl trial (exp 9/7)

B1G1 Febreze Product, up to \$3, excl trial (exp 9/28)

\$2.50 off Fixodent Adhesive twin or triple pack, 1.4 oz+ (exp 9/7)

\$2/2 Gain dishwashing liquid, 21.6 oz+ (exp 9/7)

\$1 off Gillette Deodorant 3.8 oz+ (exp 9/7)

\$3 off Gillette Disposable, 2-ct+, excl Sensor 2-ct and Venus products (exp 9/28)

\$2 off Gillette Razor, excl Disposables, Venus Products and trial (exp 9/28)

\$1 off Head & Shoulders Product 10 oz+, or Royal Oils, excl trial (exp 9/7)

\$3/2 Head & Shoulders Product 10 oz+, or Royal Oils, excl trial (exp 9/7)

\$3/2 Herbal Essence bio:renew Shampoo, Conditioner or Styling products, excl masks, 100 ml shampoo and conditioner, color, body wash and trial (exp 9/7)

\$1 off Luvs Diapers, excl trial (exp 9/7)

\$1 off Metamucil Fiber Supplement Product, excl Fiber Thins and trial (exp 9/7)

.50/1 Mr. Clean Product, excl trial (exp 9/7)

\$1/2 Olay Bar Soap 4-ct+, Body Wash, Hand and Body Lotion or in-shower body lotion, excl 1-bar and trial (exp 9/14)

\$2 off Olay Eyes Product, excl ProX Eye Restoration Complex and trial (exp 9/28)

\$2 off Olay Regenerist Facial Moisturizer, excl trial (exp 9/28)

\$1 off Olay Skin Care Product, excl trial (exp 9/28)

\$1/2 Old Spice Deodorant, Body Wash or Bar Soap, excl twin packs, High Endurance and trial (exp 9/7)

\$1/2 Old Spice Hair Products, excl trial (exp 9/7)

\$1 off Oral-B Adult Manual Toothbrush, excl kids, Healthy Clean, Cavity Defense and trial (exp 9/7)

\$3 off Pampers Diapers OR Easy ups Training Underwear, (2) bags or (1) box, excl trial (exp 9/7)

\$3 off Pampers Easy Ups Training underwear OR UnderJams Absorbent Night Wear, (2) bags or (1) box, excl trial (exp 9/7)

\$1 off Pantene Product incl Gold Series Collection, excl trial (exp 9/7)

\$5/3 Pantene Products incl Gold Series Collection, excl trial (exp 9/7)

\$2 off Pantene Styler or Treatment, excl trial (exp 9/7)

\$2 off Prilosec OTC product (exp 9/7)

.25/1 Puffs Facial tissues incl Multi-Packs, excl Puffs To Go singles, or trial (exp 9/7)

\$2 off Secret Clinical, 1.6 oz+ (exp 9/7)

\$1/2 Secret Fresh, Outlast or Aluminum Free, 2.4 oz+ (exp 9/7)

\$1 off Tampax Pearl, Radiant or Pure tampons, 14-ct+ (exp 9/28)

\$2 off Tide Detergent, Pure Clean or Antibacterial Spray, excl PODS, Rescue, Simply and Simply PODS, Detergent 10 oz, Studio by Tide and trial (exp 9/28)

\$2 off Tide PODS 10-ct+, excl Liquid or Powder Laundry Detergent, Simply and Simply PODS, and trial (exp 9/21)

\$2 off Tide Studio, excl Pureclean, PODS, Rescue, Simply and Simply PODS, Laundry Detergent and trial (exp 9/28)

\$3 off Venus or Daisy Disposables, 2-ct+, excl Daisy 2-ct (exp 9/28)

\$2 off Venus Razor, excl disposables (exp 9/28)

\$1 off Vicks DayQuil OR NyQuil Product, excl DayQuil & NyQuil 8-ct, and trial (exp 9/28)

\$3/2 Vicks Dayquil, Nyquil, Sinex or Vaporub products, excl Dayquil & Nyquil 8-ct, and trial (exp 9/14)

\$1 off Vicks Sinex Product, excl trial (exp 9/28)

\$1/2 off Vicks VapoCOOL drops, excl VapoRub, ZzzQuil, PureZzzs and trial (exp 9/14)

\$1 off Vicks VapoRub or Baby Rub, VapoInhaler, VapoPatch or VapoCream product, excl VapoCool Drops and trial (exp 9/14)

\$1 off Vicks ZzzQuil or Pure ZZZs product, excl trial (exp 9/7)

RetailMeNot 08/25

\$1 off All Laundry Detergent, excl trial (exp 9/21)

.25/1 Azteca Tortillas or Salad Shells, refrigerated (exp 10/4)

\$2 off Benefiber Product (exp 9/22)

\$2 off Citrucel Product (exp 9/22)

\$8 off Cosamin DS or ASU for Joint Health (exp 10/15)

\$1 off Country Crock spread, 45 or 30 oz (exp 9/8)

\$1.50/3 Deer Park Sparkling Natural Spring Water, 1 L bottles (exp 10/6)

\$1.25 off Deer Park Sparkling Natural Spring Water, 8-pk .5 L or 12 oz (exp 10/6)

\$1/2 Dixie Plates and Bowls (exp 9/25)

\$1 off Ex-Lax or Perdiem Product (exp 9/22)

\$1 off Extra Refreshers, 40-ct bottle (exp 11/3)

\$4/2 Garnier Fructis Shampoo, Conditioner, Treatment or Styling items, excl 2-3 oz travel sizes (exp 9/7)

\$1 off Gas-X product, 18-ct+ (exp 9/22)

\$1 off Gaviscon product, 12 oz+ (exp 9/25)

\$1 off Hellmann's Real Mayonnaise, 11.5 oz+, or variety sauce 11 oz (exp 9/22)

\$1/2 Kellogg's cereals, 8.4 oz+ (exp 10/20)

\$1/2 Kellogg's Rice Krispie Treats, 8-ct+ (exp 10/6)

\$1 off Maille Product (exp 9/21)

\$2 off Nexium 24HR product (exp 9/24)

\$5 off Nexium 24HR product, 28 or 42-ct (exp 9/8)

\$1 off Tums product, 28-ct+ (exp 9/25)

SmartSource 08/25

\$1 off ACT Dry Mouth product, excl trial (exp 9/21)

\$1 off ACT Kids Product, excl trial (exp 9/21)

\$1 off ACT product, excl trial (exp 9/21)

\$1 off Bertolli Olive Oil, 25.5 oz, or 1.5 or 2 L, excl Organic (exp 10/25)

\$1 off Blue Diamond Almonds, 10 oz+ bag (exp 10/27)

\$1.50/2 Blue Diamond Almonds, 5 oz bags or 6 oz cans (exp 10/27)

.75/1 Blue Diamond Nut Thins Crackers, box (exp 10/27)

\$1 off Borden cheese product, singles or chunks (exp 10/5)

\$1 off Capzasin Product (exp 9/29)

\$2 off Capzasin product (exp 9/29)

.75/1 Charles & Alice Kids! fruit probiotics pouch (exp 12/31)

[\\$2.50/2 Carlestone Bloody Mary Mixes 32 oz \(exp 11/30\)](#)

B1G1 Clairol Natural Instincts Hair Color, up to \$7.99, excl Crema Keratina (exp 9/7)

B1G1 Clairol Nice n Easy or Permanent Root Touch-up Hair Color, up to \$7.99 (exp 9/7)

\$4 off Claritin Childrens Non-Drowsy 8 oz or 20-ct+, or Ready Tabs for Juniors 30-ct (exp 9/22)

\$10 off Claritin Non-Drowsy LiquiGels 60-ct, or Tablets 70-ct+ (exp 9/1)

\$4 off Claritin Non-Drowsy product, 30-ct+ (exp 9/22)

\$6 off Claritin Non-Drowsy product, 30-ct+ (exp 9/1)

\$4 off Claritin-D Non-Drowsy product, 15-ct+ (exp 9/22)

\$8 off Claritin-D Non-Drowsy product, 15-ct+ (exp 9/1)

\$1 off Colgate 360 Manual Toothbrush excl Plus, Triple Action, Extra Clean and Classic Clean (exp 9/7)

\$1 off Colgate Total, Optic White, Enamel Health, Essentials or Sensitive Toothpaste 3oz+ (exp 9/7)

\$2 off Covergirl Lashblast Mascara, excl accessories and trial (exp 9/21)

\$3 off Covergirl+Olay Product, excl accessories and trial (exp 9/21)

\$3 off Depend Product, 8-ct+ (exp 9/28)

\$3 off Depend Real Fit, Silhouette or Night Defense product, 8-ct+ (exp 9/28)

\$1.25 off Energizer Batteries or Flashlight (exp 10/5)

\$4/2 Ensure multipacks (exp 10/5)

[\\$1.50 off Galbani Snack Cheese 7 oz + \(exp 9/28\)](#)

\$1/2 General Mills cereal boxes – Chex, Fiber One, Multigrain Cheerios, Wheaties, Basic 4, Raisin Nut Bran, Oatmeal Crisp or Total, or Nature Valley Granola Pouches (exp 10/5)

\$1/2 General Mills cereal boxes – Cinnamon Toast Crunch, Lucky Charms, Reese's Puffs, Cocoa Puffs, Trix, Cookie Crisp, Golden Grahams, Kix, Cinnamon Toast Crunch Churros (exp 10/5)

\$1/2 General Mills Cheerios Cereal, any flavor (exp 10/5)

\$1 off Glade Candle 3 wick, 6.8 oz+, or automatic spray refill (exp 10/5)

Free Glade PlugIns Warmer only packs 1 or 2-ct, up to \$2, excl refill + warmer packs (exp 9/21)

\$1/2 Glade Products excl Solids, and aerosol room spray 8 oz (exp 10/5)

\$4/2 Glucerna Products (exp 10/20)

\$1 off Icy Hot or Aspercreme, Capzasin, Sportscreme, Arthritis Hot or FlexAll Product (exp 9/29)

\$5 off Icy Hot Smart Relief Starter Kit (exp 9/29)

\$1 off InStyle magazine (exp 10/20)

\$3 wyb all (3) magazines InStyle, People and Southern Living (exp 10/20)

\$1/2 Ken's Dressings 16 oz+ (exp 9/30)

.75/1 Ken's Dressings 9 oz (exp 9/30)

\$1 off Ken's Simply Vinaigrette (exp 9/30)

.50/1 Kentucky Kernel Seasoned Flour (exp 12/25)

.75/3 Kleenex facial tissue 30ct+, or (1) bundle pack, or (1) Kleenex wet wipes 20-ct+ (exp 9/22)

.75/1 Land O'Frost Premium Sliced Meats or Canadian Bacon (exp 9/30)

.50/1 Land O'Frost Premium Sliced Meats or Canadian Bacon (exp 9/30)

\$1.25 off Land O'Frost Premium sub Sandwich Kit (exp 9/30)

\$1 off Ocean Spray juice beverage, 64 o (exp 10/31)

\$2 off Pepcid or Immodium or Lactaid dietary supplements, excl trial (exp 9/21)

\$1 off People (exp 10/20)

\$3 off Poise pads, liners or Impressa bladder supports, excl 14-26 ct liners and 10 ct pads (exp 9/28)

\$1/2 Quaker Instant Oats, excl cups (exp 10/6)

.60/2 Ragu Pasta Sauces (exp 9/22)

\$1/2 Ragu pasta sauces (exp 9/22)

.75/1 Ragu Simply Pasta Sauce (exp 9/22)

\$1 off Russell Stover Box, (1) 8 oz+, or (2) 4 oz+ (exp 9/30)

.50/2 Sargento Shredded Natural Cheese (exp 10/20)

.60/2 Sargento shredded Natural Cheese (exp 10/20)

.50/2 Sargento Sliced Natural Cheese (exp 10/20)

.75/2 Sargento Sliced Natural Cheese (exp 10/20)

\$1 off Sauer's Grill Seasoning or Spice (exp 9/22)

\$1/2 Sauer's Marinade Mixes (exp 9/22)

\$1/3 Stonyfield Organic single serve pouch or snack pack, or (1) large cup 30-32 oz, or 1 multipack 4-pk+ incl Yobaby, Kids and Whole Milk (exp 10/19)

\$1 off Southern Living (exp 10/20)

\$1.50 off White Castle Slider, 16-ct+ (exp 9/30)

.75/1 White Castle Slider, 4 or 6-ct (exp 9/30)