

DECEMBER 2024 MEAL PLAN

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Broccoli and sausage quiche , stick of butter rice	2 Stovetop Santa Fe chicken , rice	3 Chicken florentine soup , salad	4 Meatball parmesan casserole , vegetable side	5 Spaghetti, sauce, and frozen meatballs, broccoli	6 French bread pizza , vegetable side	7 Lentil and sweet potato shepherd's pie , vegetable side
8 Slow cooker bacon cheeseburger pie , salad	9 Teriyaki chicken , rice, green beans	10 30-minute chili , cornbread	11 Chicken cacciatore , pasta, vegetable side	12 Simple beef and veggie egg noodles , vegetable side	13 Pizzadillas , vegetable side	14 Cabbage rolls , fruit
15 Vegetable frittata , fluffy pancakes	16 Korean beef lettuce wraps , fruit	17 Taco soup , homemade corn muffins	18 Oven hamburgers , roasted carrots	19 Pesto shrimp pasta , broccoli	20 Crispy tortilla pizzas , vegetable side	21 Swedish meatballs , mashed potatoes, vegetable side
22 Tray baked chicken , vegetable side	23 Slow cooker beef stir fry , rice	24 Your pick—we do finger foods or takeout!	25 Merry Christmas!	26 Crispy sheet pan gnocchi and vegetables	27 Hibachi chicken and shrimp , rice	28 Vegetable pot pie
29 Green chile egg bake , fruit	30 Spaghetti aglio de olio , salad	31 Sausage stuffed mushrooms (or your favorite appetizer!), fruit				