

SOUTHERN SAVERS' PALEO WEEKLY MEAL PLAN

	Breakfast	Lunch	Dinner
Monday	Paleo Breakfast Casserole	Paleo Balance Bowl (double recipe)	Bacon Wrapped Chicken and Roasted Brussels Sprouts
Tuesday	Bacon Baked Egg Avocados	Antipasto Salad (triple recipe)	Meat and Veggie Chili
Wednesday	Leftover Paleo Breakfast Casserole	Paleo Pizza Potato Skins	Slow Cooker Pot Roast
Thursday	Scrambled eggs (2 per person) and Paleo Sweet Potato Hashbrowns (half recipe)	Leftover Antipasto Salad	Leftover Meat and Veggie Chili
Friday	Leftover Paleo Breakfast Casserole	Fiesta Avocado Chicken Salad	Italian Meatballs and zucchini noodles
Saturday	Paleo Sausage Egg McMuffins	Leftover Antipasto Salad	Jalapeno Turkey Burgers and Sweet Potato Fries
Sunday	Oven Baked Denver Omelet	Creamy Chicken Tomato Soup	Leftover Italian Meatballs and zucchini noodles



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