MARCH 2020 MEAL PLAN

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|-------------------------------------|--|
| Slow cooker honey soy roast, roasted potatoes, vegetable | Crock pot sweet potato soup, salad | Black bean and sweet potato quesadillas, corn | Stir fry with southern veggies, rice | 5 <u>Gnocchi lasagna,</u> salad | French bread pizza, broccoli | Easy lettuce wraps, fruit |
| Buttermilk roast chicken, bacon wrapped green beans, bread, | Broccoli cheese noodle soup, salad | One pot sausage vegetable skillet | Apple juice chicken, rice, green vegetable | Easy chinese chicken, Asian roasted carrots and broccoli, rice | Cheesy chicken nachos | Warm Greek pasta with grilled chicken |
| Huevos rancheros casserole, fruit | Thai chicken soup, salad | Corned beef and cabbage | Cheesy eggplant bake, green vegetable | Crunchy chicken ramen stir fry, green beans | Crispy tortilla pizzas, broccoli | Grilled pimento cheese sandwiches, fruit |
| Cheddar cheeseburger meatloaf, mashed potatoes, vegetable | Lentil soup, homemade corn muffins | Spaghetti bolognese, salad | 25 Skillet sausage and veggies, rice | Easy salmon curry, green beans | Hot dogs / sausages, broccoli salad | Easy chicken salad, fruit, croissants |
| Grilled steak, scalloped potatoes, asparagus | Jalapeno popper soup, bread, salad | 31 | | | | |