Coupon Variation for the Post and Courier for 03/28, below. You will get up to four inserts in your paper this weekend!!

Be on the lookout for: (1) Procter & Gamble, (1) Save, formerly RetailMeNot, and

(2) SmartSource inserts

Procter & Gamble 03/28

\$3 off 9 Elements laundry detergent, excl trial (exp 4/24)

\$3 off 9 Elements Liquid Dish Soap, excl trial (exp 4/24)

\$3 off 9 Elements Multi-Purpose or Bathroom Cleaner, excl trial (exp 4/24)

\$3 off 9 Elements Purifying Softener, excl trial (exp 4/24)

\$2 off Always Discreet Incontinence Liner, excl trial (exp 4/24)

\$3 off Always Discreet Incontinence Pad, Underwear or Boutique product, excl liners and trial (exp 4/24)

.25/1 Bounty Paper Towels, excl trial (exp 4/10)

Free Cascade Rinse Aid, up to \$4.50, WYB (2) Cascade bags, excl tubs and trial (exp 4/10)

.25/1 Charmin Toilet Paper, excl single rolls (exp 4/10)

\$1 off Crest Mouthwash, 473 mL/16 oz + (exp 4/10)

\$2 off Crest multi-pack or Burt's Bees 3 oz+, excl Crest Cavity, Baking Soda and Tartar Control/Protection, Kids and trial (exp 4/10)

\$5 off Crest Whitening Emulsions or 3D WhiteStrips Teeth Whitening Treatment, excl Noticeably White, Classic White and trial (exp 4/10)

.50/1 Dawn dishwashing liquid or foam, 10.1-40 oz, excl Powerwash, Simply Clean and trial (exp 4/10)

.50/2 Dawn Sponges 3-pk+, or brushes, excl gloves and liquids (exp 4/24)

B1G1 Febreze Heavy Duty, Ocean, Forest or Wood product, up to \$4, excl In-Wash Scent Boosters & trial (exp 4/10)

B1G1 Febreze Small Spaces product, up to \$3, excl Unstopables, Heavy Duty, Forest, Ocean, Wood, or trial size (exp 4/10)

B1G1 Febreze Unstopables, up to \$4, excl In-Wash Scent Boosters and trial (exp 4/10)

\$2 off Fixodent Adhesive twin or triple pack 2 oz+ (exp 4/10)

\$1 off Fixodent adhesive, 1.4 o, excl twin packs & trial (exp 4/10)

\$1/2 Gillette deodorant 2.85 oz+ (exp 4/10)

\$2 off Gillette Invisible Solid or Clinical 1.6 oz+ (exp 4/10)

\$3/2 Head & Shoulders Products, excl trial (exp 4/10)

\$4/2 Herbal Essences bio:renew shampoo, conditioner or styling items, excl Masks, 100 mL shampoo and conditioners, Color, Body Wash and trial (exp 4/10)

\$3 off Luvs Diapers, (1) box or (2) bags, excl trial (exp 4/10)

.50/1 Mr. Clean Magic Eraser product, excl trial (exp 4/10)

\$1 off Olay Bar 4-ct+ Body Wash, Rinse-Off Body Conditioner or Hand and Body Lotion, excl trial (exp 4/17)

\$2 off Olay Eyes or Serums, excl trial (exp 4/24)

\$4 off Olay Regenerist facial moisturizer, incl Regenerist Eye or Serum items, excl trial (exp 4/24)

\$1 off Olay Skin Care Product, excl trial (exp 4/24)

\$1/2 Old Spice Deodorant, Body Wash or Bar Soap, excl Dry Spray, Clinical, High Endurance & trial (exp 4/10)

\$4/2 Old Spice Dry Spray, Clinical, Hand and Body Lotion, or Red Reserve Collection items, excl trial (exp 4/10)

\$2 off Oral-B Adult Battery Toothbrush, excl trial (exp 4/10)

\$2 off Oral-B Adult Manual Toothbrush Multipack 2-ct+, excl Healthy Clean, Cavity Defense and trial (exp 4/10)

\$1 off Oral-B Glide Manual Floss, Floss Picks, Interdental Brush or Interdental Picks, excl trial (exp 4/10)

\$5 off Oral-B Replacement Brush Heads, 3-ct+ (exp 4/10)

\$3 off Oral-B Rinse, 475 mL+ (exp 4/10)

\$3 off Pampers boxed Diapers or Easy Ups training underwear, incl Big, Super, Giant and Enormous packs (exp 4/10)

\$2 off Pampers Easy Ups training underwear, excl trial (exp 4/10)

.50/2 Pampers Wipes, 56-ct+ (exp 4/10)

\$5/3 Pantene Products, incl Gold Series Collection, excl Nutrient Blends Collection, Non-Wash Collection, Miracle Rescue Collection, One Step Nourishing Mask and trial (exp 4/10)

\$1 off Prilosec OTC product (exp 4/24)

.50/1 Puffs Facial Tissues pack, 3-box+, excl Puffs to Go and trial (exp 4/10)

B1G1 Secret Aluminum Free deodorant, up to \$5.99, excl trial (exp 4/10)

\$2 off Secret Derma+ or Clinical deodorant 1.6 oz+ (exp 4/10)

\$1/2 Secret Outlast, Fresh or Aluminum Free, 2.4 oz+ (exp 4/10)

\$2 off Stressballs product, excl trial (exp 4/10)

\$1 off Swiffer product, excl WetJet refill pads, Sweeper wet refill cloths, 1-ct, 2-ct Dusters and trial (exp 4/10)

\$2 off Vicks Sinex Nasal Spray Product, excl LiquiCaps & trial (exp 4/24)

\$1 off Vicks VapoRub, BabyRub, VapoCream or VapoInhaler, excl VapoCOOL Drops & trial (exp 4/10)

.50/1 Vicks ZzzQuil or Pure Zzzs Product, excl trial (exp 4/10)

These coupons may be available online, instead of in the insert

\$2 off Downy Liquid Fabric Conditioner 120-150 load, Downy Infusions 96-120 load, Downy Odor Protect 64-81 oz, Downy WrinkleGuard 56-64 oz, Downy Intense 56-64 oz, Downy Nature Blends 103 oz, or Bounce or Downy Sheet 200-250 ct, Bounce or Downy WrinkleGuard 130-ct, Counce Pet Hair & Lint Guard 130-ct, Downy In-Wash Scent Boosters 14.8 oz incl Downy Unstopables, Fresh Protect, Odor Protect, Infusions and Dreft Blissfuls, Down Defy Damage Beads 18.1-19.5, or Bounce or Downy Spray Bundle Pack, excl trial (exp 4/24)

\$3 off Downy liquid fabric conditioner 174 load, Bounce or Downy WrinkleGuard sheets 160-ct, Bounce Pet Hair & Lint Guard Sheets 160-ct, Downy In-Wash Scent Boosters 20.1-26.5 oz incl Downy Unstopables, Fresh Protect, Odor Protect, Infusions and Dreft Blissfuls, or Downy Defy Damage Beads 22.9-24.6 oz, excl trial (exp 4/24) **\$1 off** Downy liquid fabric conditioner 60-105 load, Downy Infusions 48-83 load, Downy Odor Protect 32-56 oz, Downy WrinkleGuard 25-48 oz, Downy Intense 25-48 oz, Downy Nature Blends 44-67 oz, Bounce or Downy Sheets 70-180 ct, Bounce or Downy WrinkleGuard 40-80 ct, Bounce Pet Hair & Lint Guard 40-80 ct, Downy In-Wash Scent Boosters 5.7-10 oz incl Downy Unstopables, Fresh Protect, Odor Protect, Infusions and Dreft Blissfuls, Bounce Rapid Touch-Up 3-in-1 Spray 9.7 oz, Downy Wrinkle Releaser Spray 9.7 oz, excl trial (exp 4/24)

\$3 off Dreft Newborn or Active Baby Laundry Detergent 50 oz+, or Pure Gentleness 75 oz (exp 4/24)

\$2 off Dreft Newborn or Active Baby or Pure Gentleness Laundry Detergent 40 oz (exp 4/24)

\$2 off Tide laundry detergent 75 oz or less, Studio by Tide 40 oz, Purclean 50 oz or less, Antibacterial Spray, To Go Instant Stain Remover Wipes 10-ct, or To Go Instant Stain Remover Pen 3-ct; excl PODS, Rescue Simply, detergent 10 oz, or Hygienic Clean Heavy Duty laundry detergent 69 oz, and trial (exp 4/24)

\$3 off Tide laundry detergent 92 oz+, Hygienic Clean Heavy Duty 69 oz+, Studio by Tide 75 oz, Purclean 75 o+, excl PODS, Rescue, Simply, detergent 10 oz and trial (exp 4/24)

\$2 off Tide PODS 31-ct or less or 35-ct, excl liquid or powder laundry detergent, PODS 26-ct, Hygienic Clean Power PODS, Simply PODS, Pods 9-ct or less, and trial (exp 4/24)

\$3 off Tide PODS 32-ct+ or 26-ct, Hygienic Clean Power PODS 21-ct+, excl liquid or powder laundry detergent, PODS 35-ct, Simply PODS and trial (exp 4/24)

Save 03/28

\$1 off AquaFresh Extreme Clean toothpaste, 5.6 oz+ (exp 4/27)

.75/1 AquaFresh toothpaste, 5.6 oz+ (exp 4/27)

\$1.50 off AXE hair care product, excl trial (exp 4/10)

\$1 off Benadryl or Topical Benadryl, excl trial (exp 4/11)

\$2.50 off Biotene product, excl trial (exp 4/11)

.50 off Breyers product, 48 oz (exp 4/10)

B2G2 Cesar Wholesome Bowls, up to \$5.36 (exp 5/23)

\$4 off Compeed Advanced Blister Care, 8 or 10-ct (exp 4/7)

\$5 off Compeed Advanced Blister Care, 9 or 13-ct (exp 4/7)

\$2/2 Dove hair care products, excl Hair Therapy and trial (exp 4/10)

\$3 off Dove Hair Therapy products, excl trial (exp 4/10)

\$1.50 off Dove Men+Care hair care, excl trial (exp 4/10)

B1G1 Equal PLUS, up to \$5.49 (exp 5/22)

\$1.50 off Equal product (exp 5/22)

\$2 off Febreze Plug Scented Oil Warmer, up to purchase price, excl trial (exp 4/10)

\$10 off Flonase product, 120-ct+ (exp 4/4)

\$5 off Flonase product, 60-ct+ (exp 4/11)

\$3 off Genteal Tears or Naphcon-A eye drops (exp 4/24)

.50 off Hellmann's Real Mayonnaise, jar 24 oz+ or squeeze 11.5 oz (exp 4/10)

.50 off I Can't Believe It's Not Butter product (exp 4/25)

.50 off Jimmy Dean product (exp 4/27)

.50 off Jimmy Dean refrigerated product (exp 4/27)

.75/2 Lipton Tea Bags, K-Cup or powdered Iced Tea Mix items (exp 4/10)

\$1 off Maille product (exp 4/10)

\$1/2 Nestle Pure Life enhanced water beverages, 20 oz bottles (exp 5/27)

\$1 off Nestle Pure Life enhanced water beverages, 4-pk 20 oz (exp 5/27)

\$5 off Nexxus products, excl Masque Sachets, 5.1 oz, Wash & Care, or trial (exp 4/10)

\$2 off Polident product 84-ct+ (exp 4/24)

\$5/2 SheaMoisture hair care items (exp 4/10)

\$1.50 off Suave Kids hair care, excl twin packs & trial (exp 4/10)

\$1.50 off Suave Men hair care, excl twin packs & trial (exp 4/10)

\$1 off Suave Professionals shampoo or conditioner, excl twin packs & trial (exp 4/10)

\$3/2 Suave Professionals shampoo or conditioners, excl twin packs & trial (exp 4/10)

\$2.50 off Super Poligrip product 2 or 3-ct (exp 4/24)

\$1.50 off Super Poligrip product 2.2 oz+ (exp 4/24)

\$3 off Systane Zaditor eye drops, 5 mL+ (exp 4/24)

\$3.50/2 TRESemme Pro Collection shampoo or conditioner 20 oz, excl Pro Pure, Botanique (exp 4/10)

\$5/2 TRESemme Pro Pure or Botanique shampoo or conditioner, 16 oz, excl Pro Collection (exp 4/10)

\$2.50/2 TRESemme shampoo or conditioner, excl Pro Pure, Botanique, Pro Collection and trial (exp 4/10)

\$4 off Zyrtec Adult 24-40 ct, or Children's 24-ct or 8 oz (exp 4/11)

\$6 off Zyrtec Adult product, 60-ct (exp 4/11)

\$10 off Zyrtec Adult product, 90-ct (exp 4/4)

SmartSource 03/28 Combined List

\$1 off ACT Dry Mouth product, excl trial (exp 4/24)

\$1 off ACT kids product, excl trial (exp 4/24)

\$1 off ACT product, excl trial (exp 4/24)

\$1 off Affresh product, any (exp 4/25)

\$5 off Allegra Allergy 24HR 24-ct+, or Children's 8 oz or 24-ct (exp 4/17)

\$10 off Allegra allergy 24HR, 70 or 90-ct tablets, or gelcaps 60-ct (exp 4/3)

\$15 off Allegra allergy 24HR, 90-ct tablets (exp 4/3)

\$3 off Allegra Allergy Children's, or 12HR product (exp 4/17)

\$5 off Allegra-D 12HR or 24HR product (exp 4/17)

\$8 off Allegra-D 12HR or 24HR product, 15-ct+ (exp 4/3)

\$3 off Almay Eye product (exp 4/10)

\$3 off Almay face product (exp 4/10)

\$1 off Almay lip product (exp 4/10)

\$3/2 Almay Makeup remover, excl trial (exp 4/10)

.75/3 Annie's Mac & Cheese (exp 5/22)

\$1 off Annie's Snacks, incl Fruit Snacks, Cookies, Crackers, Grahams, Granola Bars, Treat Bars, Snack Mix or Cheese Puffs (exp 5/22)

\$1 off Aquaphor lip product (exp 4/10)

\$2 off Aquaphor product 7 oz tube or spray, or Baby product 1.75 oz+, excl 14 oz jars and trial (exp 4/10)

\$5/2 Aquaphor product 7 oz tube or spray, or Baby product 1.75 oz+, excl 14 oz jars and trial (exp 4/10)

\$4 off Bausch+Lomb Alaway antihistamine eye drops (exp 5/28)

\$8 off Bausch+Lomb Alaway antihistamine eye drops, (1) twin pack, or (2) single packs (exp 5/28)

\$2 off Bausch+Lomb Opcon-A allergy eye drops 15 mL (exp 5/28)

\$1 off Blue Diamond Almonds, 12 oz+ bag (exp 5/30)

\$1/2 Blue Diamond Almonds, 6 oz+ cans (exp 5/30)

\$1 off Chobani coffee creamer, non-dairy oat creamer, non-dairy oatmilk or Oatmilk shelf-stable (exp 5/1)

\$1.50 off Chobani probiotic beverage (exp 5/1)

\$1/2 Chobani yogurt, multipack, or 24 or 32 oz tub (exp 5/1)

B1G1 Clairol Nice 'n Easy, Root Touch-up Permanent or Natural Instincts hair color, up to \$7.99, excl Crema Keratina (exp 4/24)

\$4 off Claritin non-drowsy chewables, 24-ct (exp 4/25)

\$8 off Claritin Non-Drowsy Chewables, 24-ct (exp 4/4)

\$6 off Claritin non-Drowsy Chewables, 8-ct+ (exp 4/4)

\$3 off Claritin Non-Drowsy Children's Chewables or ReadiTabs for Juniors 20-ct+, or Syrup 8 oz, excl Claritin-D (exp 4/25)

\$4 off Claritin Non-Drowsy Children's Chewables or ReadiTabs for Juniors 20-ct+, or Syrup 8 oz, excl Claritin-D (exp 4/25)

\$3 off Claritin non-drowsy or Children's 30-ct+, excl Claritin-D (exp 4/25)

\$4 off Claritin non-drowsy or Children's 30-ct+, excl Claritin-D (exp 4/25)

\$10 off Claritin non-drowsy or Children's, 56-ct+, excl Claritin-D (exp 4/4)

\$4 off Claritin-D Non-Drowsy 15-ct+ (exp 4/25)

\$8 off Claritin-D Non-Drowsy 15-ct+ (exp 4/4)

.50 off Clorox Bleach products, 77 oz+ select varieties, excl pens (exp 5/9)

\$2 off Colgate adult or kids battery powered toothbrush (exp 4/20)

\$1 off Colgate kids mouthwash 250 mL+ (exp 4/10)

\$1 off Colgate kids toothbrush (exp 4/10)

\$1 off Colgate kids toothpaste 4.4 oz+ (exp 4/10)

\$1 off Colgate mouthwash or mouth rinse, 400 mL+ (exp 4/10)

\$1 off Colgate Renewal or Manual toothbrush, excl Plus, Triple Action, Extra Clean or Classic Clean (exp 4/10)

\$1 off Colgate Renewal, Total, Optic White, Enamel Health, Sensitive or Max Fresh toothpaste, 3 oz+ (exp 4/10)

\$1 off Efferdent product, 44-ct+ (exp 5/8)

.75/1 Energizer batteries or flashlight (exp 5/8)

.50/1 Energizer hearing aid batteries (exp 5/15)

\$1/2 General Mills Cheerios cereal, any flavor (exp 5/8)

\$1/2 General Mills Chex, Fiber One, Multi Grain Cheerios, Wheaties, Basic 4, Raisin Nut Bran, Oatmeal Crisp, or Total cereals, or Nature Valley Granola pouches in the cereal aisle (exp 5/8)

\$1/2 General Mills Cinnamon Toast Crunch, Lucky Charms, Reese's or Cocoa Puffs, Trix, Cookie Crisp, Golden Grahams or Kix cereal (exp 5/8)

\$2 off Glade Plugins Plus warmer + Plugins Scented Oll Refill starter kit (exp 4/24)

\$2.50 off Glade Plugins Plus warmer + Plugins Scented Oll Refill starter kit (exp 4/24)

\$1.50 off Glade Plugins Plus warmer only pack (exp 4/24)

\$2/2 Glade twin pack candles, 3-wick candles, Plugins refills, or large automatic refills (exp 4/24)

\$2 off Gold Bond Ultimate product, excl trial and hand cream (exp 4/24)

\$3/2 Gold Bond Ultimate products, excl trial (exp 4/24)

\$3/2 Jergens Body Butters or Skin Smoothies (exp 4/24)

\$1.50 off Jergens Natural Glow product, excl trial and Applicator Mitt (exp 4/24)

\$1.50 off Jergens product, 3.4 oz+ (exp 4/24)

\$5 off Nasacort product, 120-ct (exp 4/17)

\$10 off Nasacort product, 240 spray (exp 4/3)

\$1 off Nivea or Nivea Men body wash items, excl trial (exp 4/24)

\$3/2 Nivea or Nivea Men body wash items, excl trial (exp 4/24)

\$1/2 Nonni's Biscotti (exp 5/28)

\$1/2 Nonni's THINaddictives (exp 5/28)

.75/1 Ocean Spray 100% Cranberry Juice Blend, 60-64 oz (exp 4/25)

.75/1 Ocean Spray Craisins Dried Cranberries, 5 oz+ (exp 4/25)

\$1/2 Pine-Sol Multi-Surface Cleaners, 40-oz+ (exp 5/9)

\$2 off Poise pads or liners, excl liners 14-26 ct, or pads 10-ct (exp 5/1)

\$3 off Revlon eye cosmetic (exp 4/10)

\$3 off Revlon face cosmetic (exp 4/10)

\$2 off Revlon lip cosmetic (exp 4/10)

\$1 off Revlon nail polish (exp 4/10)

\$2 off Rimmel eye product (exp 5/31)

.75/2 Sargento Shredded Natural Cheese (exp 5/23)

\$5 off Sol by Jergens product, excl trial and Applicator Mitt (exp 4/24)

\$2 off Splenda stevia product, excl 40-ct (exp 4/30)

\$4/2 Splenda Sweetener, excl 50-ct (exp 4/30)

\$5/2 Tena products (exp 4/14)

\$3 off TheraTears product (exp 6/28)

\$5 off Xyzal product, 35 or 55-ct (exp 4/17)

\$10 off Xyzal product, 80-ct (exp 4/3)