

2022

COUPON INSERT SCHEDULE



SouthernSavers.com

January

2 – (2) Save & (2) SS
9 – (1) Save & (1) SS
16 – (1) Save & (1) SS
23 – (1) Save, (1) SS
30 – (1) Save, (1) SS, & P&G

February

6 – (1) Save & (1) SS
13 – (1) Save
20 – (1) Save & (1) SS
27 – (1) Save, (1) SS, & P&G

March

6 – (1) Save & (1) SS
13 – (1) Save & (1) SS
20 – (1) Save & (1) SS
27 – (1) Save & (1) SS, & P&G

April

3 – (1) Save & (1) SS
10 – (1) Save & (1) SS
17 – **No Inserts, Easter**
24 – (1) Save & (1) SS, & P&G

May

1 – (2) Save & (1) SS
8 – (1) Save & (1) SS
15 – (1) Save & (1) SS
22 – (1) Save & (1) SS
29 – (1) Save & P&G

June

5 – (1) Save & (1) SS
12 – (1) Save & (1) SS
19 – (1) Save
26 – (1) Save & (1) SS

July

3 – P&G
10 – (1) Save & (1) SS
17 – (1) Save & (1) SS
24 – (1) Save & (1) SS
31 – (2) Save & (1) SS, & P&G

August

7 – (1) Save & (1) SS
14 – (1) Save & (1) SS
21 – (1) Save & (1) SS
28 – (1) Save & (1) SS, & P&G

September

4 – (1) Save
11 – (1) Save & (2) SS
18 – (1) Save & (1) SS
25 – (1) Save & (1) SS, & P&G

October

2 – (1) Save & (1) SS
9 – (1) Save & (1) SS
16 – (1) Save & (1) SS
23 – (1) Save, (1) SS
30 – (1) Save, (1) SS, & P&G

November

6 – (1) Save & (1) SS
13 – (1) Save & (1) SS
20 – (1) Save & (1) SS
27 – P&G

December

4 – (1) Save & (1) SS
11 – (1) Save & (1) SS
18 – **No Inserts**
25 – P&G

Note: These are based on historical trends as of December 2021, and will change slightly.

Updates to the post and weekly insert previews are posted each Wednesday at 5pm.