

Coupon Variations for Post and Courier 07/31, below. Look for up to four inserts in your paper this weekend.

Be on the lookout for: **(1) Procter & Gamble, (1) Save, (1) SmartSource, and (1) Unilever** inserts this weekend!!

Procter & Gamble 07/31

\$2 off Align Probiotic Supplement, excl trial (exp 8/13)

\$5/2 Always Discreet Incontinence products, excl liners 24 & 26 ct & trial (exp 8/27)

\$3/2 Always Ultra Thin or Maxi Pads 14-ct+, or liners 32-ct+, excl Radiant, Infinity, & Pure Cotton pads, Always ZZZ's, Intimate Care washes and wipes, & Discreet (exp 8/27)

\$3/2 Always ZZZs pads 10-ct+, ZZZs underwear 3-ct+, or Intimate Care washes, or wipes 40-ct, excl trial (exp 8/27)

.25/1 Bounty Paper Towels, excl trial (exp 8/13)

\$2 off Burt's Bees adult or kids toothpaste (exp 8/13)

\$1 off Cascade Rinse Aid, excl trial (exp 8/27)

.25/1 Charmin Flushable Wipes, excl trial (exp 8/13)

.25/1 Charmin Toilet Paper, excl trial (exp 8/13)

.50/1 Crest Kids Toothpaste 4 oz+, or Oral-B Kids Battery Toothbrush, excl holiday packs & trial (exp 8/13)

\$1 off Crest or Scope Mouthwash 473 mL+/16 oz+, or Scope Refreshables, excl trial (exp 8/13)

\$2 off Crest toothpaste, 2.7 oz+, excl Cavity, Regular, Base Baking Soda, Tartar Control/Protection, F&W Pep Gleem, Aligner Care, Kids, More Free packs, multipacks & trial (exp 8/13)

.50/1 Dawn Ultra Dishwashing liquid 10.1-21.6 oz, or Dawn Foam, EZ-Squeeze or Powerwash, excl trial (exp 8/13)

\$1 off Dawn Wipes, excl trial (exp 8/13)

\$2.30 off Febreze Car product, excl trial (exp 8/13)

\$2.30 off Febreze Small Spaces product, excl trial (exp 8/13)

\$2 off Febreze Unstopables, Heavy Duty, Ocean, Forest, Wood, Ember or Kitchen Air Effects product, excl trial (exp 8/13)

.50/1 Fixodent product, 1.4 oz+, excl twin packs & trial (exp 8/13)

.50/1 Gain Power Blast Dish Spray, excl trial (exp 8/13)

\$5/3 Gillette Clinical, Invisible Solid or Clear Gel deodorant, 1.6 oz+, excl trial (exp 8/13)

\$3 off Gillette razor or blade refill, excl disposables, Venus items & trial (exp 8/13)

\$1 off Gillette shave prep, excl Foamy, Series, Venus items, Planet KIND and Fusion Shave Preps (exp 8/13)

\$5 off GilletteLabs Exfoliating razor or refill, excl disposables & trial (exp 8/13)

\$3/2 Head & Shoulders Shampoo, Conditioner or Treatment items, excl mask sachets & trial (exp 8/13)

\$3/2 Herbal Essences bio:renew shampoo, conditioner or styling, excl masks, 100 mL shampoo or conditioner, color, body wash, & trial (exp 8/13)

\$1 off Metamucil product, excl trial (exp 8/13)

\$1 off Microban Multipurpose or Bathroom Cleaner Spray, excl trial (exp 8/27)

\$1 off Microban Sanitizing Spray, excl trial (exp 8/27)

\$3/2 Mr. Clean Clean Freak products, excl trial (exp 8/13)

\$1/2 Mr. Clean products, excl Mr. Clean Clean Freak items & trial (exp 8/13)

\$2 off Nerve product, excl trial (exp 8/13)

\$1/2 Olay bar 4-ct+, body wash, rinse off body conditioner, liquid hand soap or hand and body lotion, excl trial (exp 8/13)

\$2 off Olay facial cleanser, excl trial (exp 8/27)

\$1 off Olay facial moisturizer, excl trial (exp 8/27)

\$4 off Olay Regenerist Facial Moisturizer, or Serum or Eyes product, excl trial (exp 8/27)

\$5/3 Old Spice Deodorants or body washes, excl trial (exp 8/13)

\$3 off Old Spice Dry Spray or Body Spray, excl trial (exp 8/13)

\$3 off Old Spice Gentleman's Blend Deodorant or body wash, excl trial (exp 8/13)

\$5 off Oral-B Kids rechargeable electric toothbrush, excl battery powered items & trial (exp 8/13)

\$10/2 Oral-B Replacement Brush Heads, 3 ct+, excl trial (exp 8/13)

\$5 off Oral-B Water Flosser (exp 8/13)

\$3/3 Pantene product, incl Gold Series or Truly Collections, excl Generation Beauty Collection, Intense Rescue Shots, Nutrient Blends Collection, Miracle Rescue Collection, Non-Wash Collection, One Step Nourishing Mask & trial (exp 8/13)

.50/1 Puffs facial tissues multi-pack 3-box+, excl Simple Softness, Puffs To Go 10-ct, & trial (exp 8/13)

\$5/3 Secret Clinical Deodorants, excl trial (exp 8/13)

\$5/3 Secret Fresh, Outlast, or Aluminum Free Deodorants, or Dry Sprays, excl trial (exp 8/13)

\$1 off Swiffer product, excl 1 & 2-ct dusters & trial (exp 8/13)

\$3 off Venus Pubic Hair & Skin Shave Prep or Post Shave Regimen, excl razors, blade refills, & trial (exp 8/13)

\$3 off Venus razor, excl Gillette items, disposables, blade refills & trial (exp 8/13)

\$1 off Vicks ZzzQuil or Pure Zzzs product, excl trial (exp 8/27)

.50/1 Voost product, excl trial (exp 8/13)

Save 07/31

\$3 off CeraVe Acne product (exp 8/20)

\$3 off CeraVe cleanser, excl 1 oz cleanser bar & trial (exp 8/20)

\$2 off CeraVe product, excl trial, .35 oz Healing Ointment and 1 oz cleanser item (exp 8/20)

\$3 off CeraVe Sunscreen product, excl baby & stick sunscreens (exp 8/20)

\$3/2 Dove or Dove Men+Care, Degree, or Degree Men Dry Spray deodorant, excl trial (exp 8/13)

\$4/2 Garnier Fructis Shampoo, Conditioner, Treatment or styling Product, excl 1-3 oz items, or twin or value packs (exp 8/6)

\$4/2 Garnier Whole Blends Shampoo, Conditioner or Treatment, excl 3.0 oz trial, twin or value packs (exp 8/6)

\$3 off Genteal Tears Eye Drops, any size (exp 8/27)

\$1/2 Kellogg's Cereals 5 oz +, incl Jumbo Snax items (exp 9/25)

\$1/2 Kellogg's Club minis or Crisps 7.1 oz+ (exp 9/25)

\$5/3 L'Oreal Elvive shampoo, conditioner or treatment, excl 1 oz item, 3 oz shampoo and conditioner, or twin or value packs (exp 8/6)

\$5/2 L'Oreal Ever shampoo, conditioner, or treatment, excl 3 oz trial, sheet masks, value packs & kits (exp 8/6)

\$3 off L'Oreal Le Color Gloss, Root Precision or Magic Root Cover Up product (exp 8/13)

\$2 off L'Oreal Root Rescue (exp 8/13)

\$6/2 L'Oreal Superior Preference, Excellence, or Feria haircolor items (exp 8/13)

\$5 off Pataday Eye Allergy Itch Relief Drops (exp 8/27)

\$5 off SlowMag Mg Gummies (exp 8/31)

\$5 off SlowMag Mg Muscle + Heart or Calm + Sleep product (exp 8/31)

\$2.50/2 Vaseline lotion products, 6.8 oz+ (exp 8/13)

SmartSource 07/31

\$3 off Aleve product, 40-ct+, or any AleveX product, excl Aleve-D (exp 8/14)

\$4 off Aleve Product, 80-ct+, or any AleveX Product, excl Aleve-D (exp 8/14)

\$7 off Astepro Allergy Product 60+sprays (exp 8/14)

\$1 off Bayer Aspirin Product, 100-ct+ (exp 8/21)

\$2 off Bayer Aspirin Product, 200-ct+ (exp 8/21)

\$1 off Chobani coffee, cold brew (exp 8/27)

\$1 off Chobani Non Dairy Oatmilk (exp 8/27)

\$1 off Chobani Probiotic beverage, 14 oz (exp 8/27)

\$3 off Citracal product, excl Gummies (exp 8/14)

\$4 off Claritin Non-Drowsy Children's Chewable Tablets 20-ct+, or Children's Syrup 4 oz+ (exp 8/28)

\$10 off Claritin Non-Drowsy or Children's product 56-ct+, excl Claritin-D (exp 8/7)

\$4 off Claritin Non-Drowsy product, 24-ct+, excl Children's and Claritin-D (exp 8/28)

\$4 off Claritin-D Non-Drowsy product, 15-ct+ (exp 8/28)

\$8 off Claritin-D Non-Drowsy product, 15-ct+ (exp 8/7)

\$3 off Ensure Complete, Max Protein, High Protein, Enlive, Clear, or Plant-Based Protein multipacks (exp 9/10)

\$3 off Flintstones or One A Day Kids multivitamin product (exp 8/14)

\$3 off Glucerna product (exp 9/11)

\$4 off One A Day multivitamin product (exp 8/14)

\$4 off One A Day Multivitamin product 65-ct+, or any One A Day Prenatal product (exp 8/14)

.50/2 Scotties single boxes (exp 10/31)

\$2 off Tena product (exp 8/14)

Unilever 07/31

Free Axe Body Spray, up to \$8, WYB (1) AXE deodorant, body spray or body Wash product, excl twin packs & trial (exp 8/13)

\$2 off Axe Fresh Collection product, excl twin packs & trial (exp 8/13)

\$1.50 off Axe Hair Product, excl twin packs & trial (exp 8/13)

\$3.50 off Dollar Shave Club Product, excl trial (exp 8/27)

\$5 off Dollar Shave Club Razor Starter Set AND (1) Razor Blade Refill Pak 4 or 8-ct or Shave Aid Product, excl trial (exp 8/27)

\$3 off Dove Body Love Body Cleanser product (exp 8/13)

\$3 off Dove Body Love Pre-Cleanse shower butter (exp 8/13)

\$1 off Dove body Wash 22 oz+, excl trial (exp 8/13)

Free Dove deodorant up to \$7.99, WYB (1) DOVE Men+Care Body Wash product 13.5 oz+, excl twin packs & trial (exp 8/13)

\$3/2 Dove Hair Care Products, excl Men+Care items & trial (exp 8/13)

B1G1 Dove Hand Sanitizer gel product, up to \$4.99 (exp 8/13)

B1G1 Dove Hand Wash product, up to \$4.49 (exp 8/13)

Free Dove Men+Care deodorant, up to \$7.99, WYB (1) Men+Care body wash item 13.5 oz+, excl twin packs & trial (exp 8/13)

\$2 off Dove Men+Care Hair Care, excl twin packs & trial (exp 8/13)

\$5 off Nexxus Product, excl 5.1 oz Wash & Care, masque sachets & trial (exp 8/13)

\$5/2 Shea Moisture products, excl bar soap, lip balm, single use packettes, .05 oz sheet masks & trial (exp 8/13)

.50/1 Suave Deodorant, excl twin packs & trial (exp 8/13)

\$ 1 off Suave Kids Hair product, excl trial & twin packs (exp 8/13)

\$1 off Suave Professionals Shampoo or Conditioner Products from the Pink, Green or Gold Collections, excl trial & twin packs (exp 8/13)

\$3/2 Tresemme Pro Collection shampoo or conditioner items, excl trial (exp 8/13)

\$3/2 Tresemme Shampoo or Conditioner, 28 or 39 oz (exp 8/13)