

2023

COUPON INSERT SCHEDULE



SouthernSavers.com

January

- 1 — (2) Save, (1) SS, & (last) P&G
- 8 — (1) Save & (1) SS
- 15 — (1) Save & (1) SS
- 22 — (1) Save, (1) SS
- 29 — (1) Save, (1) SS

February

- 5 — (1) Save & (1) SS
- 12 — (1) Save
- 19 — (1) Save & (1) SS
- 26 — (1) Save, (1) SS

March

- 5 — (1) Save & (1) SS
- 12 — (1) Save & (1) SS
- 19 — (1) Save & (1) SS
- 26 — (1) Save & (1) SS

April

- 2 — (1) Save & (1) SS
- 9 — **No Inserts, Easter**
- 16 — (1) Save & (1) SS
- 23 — (1) Save & (1) SS
- 30 — (1) Save & (1) SS

May

- 7 — (1) Save & (1) SS
- 14 — (1) Save & (1) SS
- 21 — (1) Save & (1) SS
- 28 — **No Inserts**

June

- 4 — (1) Save & (1) SS
- 11 — (1) SS
- 18 — (1) Save
- 25 — (1) Save & (1) SS

July

- 2 — **No Inserts**
- 9 — (1) Save & (1) SS
- 16 — (1) Save & (1) SS
- 23 — (1) Save & (1) SS
- 30 — (2) Save & (1) SS

August

- 6 — (1) Save & (1) SS
- 13 — (1) SS
- 20 — (1) Save & (1) SS
- 27 — (1) Save & (1) SS

September

- 3 — **No Inserts**
- 10 — (1) Save & (1) SS
- 17 — (1) SS
- 24 — (1) Save & (1) SS

October

- 1 — (1) Save & (1) SS
- 8 — (1) SS
- 15 — (1) Save
- 22 — (1) Save, (1) SS
- 29 — (1) SS

November

- 5 — (1) Save & (1) SS
- 12 — (1) Save & (1) SS
- 19 — (1) Save & (1) SS
- 26 — **No Inserts**

December

- 3 — (1) Save & (1) SS
- 10 — (1) Save & (1) SS
- 17 — **No Inserts**
- 24 — **No Inserts**
- 31 — (2) Save, (2) SS

Note: These are based on historical trends as of December 2022, and will change slightly.

Updates to the post and weekly insert previews are posted each Wednesday at 5 pm.