

# March 2023 Monthly Meal Plan

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			<b>1</b> <a href="#">Buffalo chicken</a> , green beans	<b>2</b> <a href="#">Slow cooker black bean chili</a> , <a href="#">corn muffins</a>	<b>3</b> <a href="#">Creamy mushroom pasta</a> , salad	<b>4</b> <a href="#">Shortcut chicken cordon bleu</a> , green beans
<b>5</b> <a href="#">Peruvian chicken</a> , roasted broccoli, bread	<b>6</b> <a href="#">Hamburger dinner</a> , <a href="#">carrot fries</a>	<b>7</b> <a href="#">Chicken and sausage in garlic cream sauce</a>	<b>8</b> <a href="#">Quick stir fry</a> , rice	<b>9</b> <a href="#">Beef stroganoff</a> , green beans	<b>10</b> <a href="#">Cajun shrimp and vegetable skillet</a>	<b>11</b> <a href="#">Strip steak</a> , asparagus, sweet potatoes
<b>12</b> <a href="#">Shepherd's pie</a> , salad	<b>13</b> <a href="#">Breakfast casserole</a> , fruit	<b>14</b> <a href="#">Slow cooker carnitas tacos</a> , frozen corn	<b>15</b> <a href="#">Super simple sausage pasta</a> , salad	<b>16</b> <a href="#">30-minute chili</a> , fritos	<b>17</b> <a href="#">St. Patrick's Day Recipes</a>	<b>18</b> Out to eat
<b>19</b> <a href="#">Slow cooker honey soy roast</a> , carrots and potatoes	<b>20</b> <a href="#">Ranch turkey burgers</a> , french fries, broccoli	<b>21</b> <a href="#">Freezer lasagna</a> , salad	<b>22</b> <a href="#">Sausage, red beans and rice</a>	<b>23</b> <a href="#">Lettuce wraps</a> , fruit	<b>24</b> <a href="#">Oven baked ribs</a> , <a href="#">potato salad</a> , corn on the cob	<b>25</b> <a href="#">Meatball subs</a> , chips, fruit
<b>26</b> <a href="#">Creamy chicken taco soup</a> , salad	<b>27</b> <a href="#">Bacon wrapped chicken</a> , green beans, bread	<b>28</b> <a href="#">Vegetable frittata</a> , pancakes, fruit	<b>29</b> <a href="#">Pasta carbonara</a>	<b>30</b> <a href="#">Grilled salmon</a> , asparagus	<b>31</b> <a href="#">Beef stew with potatoes and carrots</a>	