

7 Day Aldi Dinner Plan Shopping List

PRODUCE

- 1 bag baby carrots
- 2 bell peppers
- 1 bag grapes (~2 lb)
- 3 onions
- 2 bags salad mix

CANNED GOODS

- 2 28-oz cans crushed tomatoes
- 2 15-oz cans black beans
- 32 oz chicken broth
- 1 jar pasta sauce
- 2 cans rotel
- 1 jar salsa

DRY GOODS

- 1 bottle BBQ sauce
- 1 bag rice
- 1 loaf bread
- 1 package hamburger buns
- 2 boxes pasta
- 2 packages tortilla
- 1 box waffle/pancake mix
- Syrup

DAIRY/REFRIGERATED

- 1 package American cheese
- 4.5 cups shredded cheddar cheese
- 16 eggs
- 1 pint heavy cream
- 1 cup parmesan cheese
- 2 cans crescent rolls

MEAT

- 1 lb breakfast sausage
- 2 lb ground beef
- 3-4 lb chicken drumsticks
- 1 lb bacon

FROZEN

- 1 bag meatballs
- 2 bags frozen broccoli
- 1 bag frozen corn
- 1 bag frozen french fries
- 1 bag frozen green beans
- 1 bag frozen peas

PANTRY

- Cayenne pepper
- Chili powder
- Cooking spray
- Crushed red pepper
- Cumin
- Garlic powder
- Onion powder
- Mayonnaise
- Minced garlic
- Steak seasoning