

April 2023 Monthly Meal Plan

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<p>30</p> <p>Slow cooker mississippi pot roast, potatoes, green beans</p>						<p>1</p> <p>Easy roasted chicken salad, fruit, croissants</p>
<p>2</p> <p>Slow cooker pot roast, potatoes, carrots</p>	<p>3</p> <p>Peanut noodles with chicken, green beans</p>	<p>4</p> <p>Bacon cheeseburger pie, fruit</p>	<p>5</p> <p>Creamy spinach chicken, pasta, salad</p>	<p>6</p> <p>Vegetarian lentil tacos, corn</p>	<p>7</p> <p>Sheet pan pizza, broccoli</p>	<p>8</p> <p>Grilled sausages, sauteed peppers and onions, buns, fruit</p>
<p>9</p> <p> Easter Recipe Ideas</p>	<p>10</p> <p>Meatball subs, chips, veggies and dip</p>	<p>11</p> <p>Chicken sausage, chocolate waffles, fruit</p>	<p>12</p> <p>Low carb lasagna, broccoli</p>	<p>13</p> <p>Cheesesteak stuffed peppers</p>	<p>14</p> <p>Garlic butter salmon and veggies</p>	<p>15</p> <p>Chicken taquitos, corn</p>
<p>16</p> <p>Warm Greek pasta salad with grilled chicken</p>	<p>17</p> <p>Chicken alfredo bake</p>	<p>18</p> <p>Egg muffins, toast, fruit</p>	<p>19</p> <p>Slow cooker meatloaf, rolls, green beans</p>	<p>20</p> <p>White chicken chili, bread</p>	<p>21</p> <p>Pasta carbonara</p>	<p>22</p> <p>BBQ Chicken skewers, macaroni salad, corn on the cob</p>
<p>23</p> <p>Chicken and dumplings, green beans</p>	<p>24</p> <p>Crispy chicken salad with honey mustard</p>	<p>25</p> <p>Fiesta breakfast casserole, fruit</p>	<p>26</p> <p>Sausage alfredo pasta, broccoli</p>	<p>27</p> <p>Low Carb turkey burgers, coleslaw</p>	<p>28</p> <p>Grilled chicken, vegetable kabobs</p>	<p>29</p> <p>Mexican chicken and rice soup, bread</p>