


June 2024 • • Monthly Meal Plan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Breakfast for dinner						1 Chicken shawarma meal
2 Slow cooker pot roast , bread	3 Rotisserie chicken, tortellini, broccoli	4 Chicken fajitas , fruit	5 Ranch pork chops , green beans, rolls	6 Chicken enchiladas , corn	7 Eat out	8 Breakfast for dinner
9 Slow cooker BBQ meatballs , salad, fruit	10 Chicken and veggie alfredo pasta	11 Tacos , corn	12 Dinner from the Freezer	13 Bacon wrapped chicken , green beans, rolls	14 Pizza bread , salad	15 Grilled chicken, broccoli salad
16 Father's Day Lunch	17 Pasta carbonara	18 Lentil tacos , fruit	19 Smothered pork chops , green beans, rolls	20 Meatball subs , chips, raw veggies and ranch	21 Pizzadillas , salad	22 Anniversary dinner
23 Slow cooker Mississippi pot roast , bread, salad	24 One pot creamy tomato pasta , broccoli	25 Steak fajitas , corn	26 Sloppy joes , macaroni and cheese, peas	27 Creamy white bean and spinach quesadillas , fruit	28 Ranch chicken bites , green beans, rolls	29 Rotisserie chicken, tortellini, broccoli