

December 2025 *Monthly Meal Plan*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pasta bar	2 Homemade pizza , salad	3 Taco dinner, corn	4 Beef stroganoff , pasta, green beans	5 Bang bang shrimp , rice, coleslaw	6 Teriyaki chicken , rice, broccoli
7 Chili, cornbread muffins	8 Ham and cheese sliders , fruit	9 Parmesan crusted pork chops , mashed potatoes, green beans	10 Smash burgers , frozen french fries, steamed carrots	11 Pulled pork , buns, salad	12 Tortellini alfredo , peas	13 <i>Church Christmas Party</i>
14 Breakfast burritos , fruit	15 Sausage balls , roasted red pepper dip	16 Keto swedish meatballs , mashed potatoes, green beans	17 Taco dinner, corn	18 Pesto chicken , pasta, roasted tomatoes	19 Takeout pizza, salad	20 Sausage and potato breakfast casserole , fruit
21 Charcuterie board	22 Sheet pan sausage and peppers	23 Noodle stir fry	24 <i>Frozen finger foods</i>	25 Last minute Christmas dinner recipes	26 <i>Leftovers</i>	27 Caprese chicken , pasta
28 Charcuterie board	29 Philly cheesesteaks , fruit	30 Chicken divan	31 Appetizer ideas			