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# JANUARY



2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1  <u>New Year's Day</u> <u>Dinner Ideas</u>	2 Rotisserie chicken, macaroni and cheese, salad	3  <u>Sausage</u> <u>shrimp</u> <u>skillet</u>
4  <u>Cottage cheese</u> <u>egg bake</u> , bacon, waffles	5  <u>Chicken</u> <u>enchiladas</u> , corn	6  <u>Swedish meatballs</u> , pasta, green beans	7 Tacos, black beans, sauteed peppers and onions	8  <u>Crispy buffalo</u> <u>chicken tacos</u> , fruit salad	9  <u>Marry Me</u> <u>Chicken Pasta</u>	10  <u>Cottage cheese</u> <u>lasagna</u> , salad
11  <u>Chicken bacon</u> <u>ranch hot pockets</u> , broccoli	12 <i>Dinner @ Community Group</i>	13  <u>Blackened</u> <u>chicken</u> , alfredo pasta, green beans	14 Tacos, black beans, yellow rice	15  <u>Copycat CFA</u> <u>sandwiches</u> , carrots	16  <u>Bang bang shrimp</u> , rice, coleslaw	17  <u>Slow cooker</u> <u>tomato soup</u> , grilled cheese
18  <u>Hashbrown</u> <u>bowls</u> , fruit	19  <u>Turkey veggie</u> <u>meatballs</u> , pasta, marinara sauce, vegetable	20  <u>Chipotle chicken</u> , roasted vegetables, rice	21 Tacos, black beans, sauteed peppers and onions	22  <u>Creamy baked</u> <u>sausage</u> , pasta, broccoli	23  <u>Oven burgers</u> , sweet potato fries	24  <u>Steak, twice</u> <u>baked potatoes</u> , asparagus
25  <u>Crispy baked fish</u> <u>nuggets</u> , tater tots, green beans	26 <i>Dinner @ Community Group</i>	27  <u>Broccoli fettuccine</u> <u>alfredo</u>	28 Tacos, black beans, yellow rice	29  <u>Crispy cheddar</u> <u>pork chop meal</u>	30  <u>Pizza bread</u> , fruit	31 <i>Fend for Yourself!</i>