

02





















# FEBRUARY



2026



S U N	M O N	T U E	W E D	T H U	F R I	S A T
1  <u>Shepherd's pie</u>	2 Rotisserie chicken, macaroni and cheese, salad	3 Tacos, black beans, corn	4  <u>Roasted red pepper and tomato soup</u> , grilled cheese	5  <u>Super simple sausage pasta</u> , zucchini	6  <u>Meatball subs</u> , broccoli	7 Breakfast for Dinner
8  <u>Buffalo chicken tacos</u> , corn	9 <i>Dinner @ Community Group</i>	10 Tacos, black beans, corn	11  <u>Mexican chicken and rice soup</u> , salad	12  <u>Creamy mushroom pasta</u> , broccoli	13 <u>Cheeseburger bowls</u>	14  <u>Valentine's Day Dinner Ideas</u>
15  <u>Bacon cheeseburger pie</u> , fruit	16  <u>Philly cheesesteaks</u> , green vegetable	17 Tacos, black beans, corn	18  <u>Jalapeno popper soup</u> , salad	19  <u>Easy homemade lasagna</u> , zucchini	20  <u>High protein pizza crust</u> + toppings	21  <u>Breakfast burritos</u> , fruit
22  <u>Beef stew</u> , bread	23 <i>Dinner @ Community Group</i>	24 Tacos, black beans, corn	25  <u>White chicken chili</u> , salad	26  <u>Pasta carbonara</u>	27 Frozen pizza, salad	28  <u>Chicken spaghetti</u>