

05



MAY

2026

SUN	MON	TUE	WED	THU	FRI	SAT
31 FFY (FEND FOR YOURSELF!)					1 <u>Greek pasta salad</u> with chicken	2 <u>Bang bang shrimp</u> , coleslaw, rice
3 <u>Pot roast</u> , vegetables	4 <u>Gochujang rice bowls</u>	5 <u>Grilled chicken</u> , roasted potatoes, green beans	6 <u>Spaghetti bolognese</u> , broccoli	7 <u>Jalapeno smothered pork chops</u> , vegetable	8 Grilled sausages and peppers, buns, fruit	9 <u>Chicken wings</u> , raw veggies and dip
10 <u>MOTHER'S DAY</u>	11 Tacos	12 <u>BBQ Chicken Skewers</u> , fruit salad, biscuits	13 <u>Cajun shrimp fettucine alfredo</u>	14 ORDER PIZZA OUT	15 <u>Sloppy joes</u> , salad, frozen french fries	16 <u>Pesto chicken and broccoli salad</u>
17 <u>Meatloaf</u> , potatoes, vegetable	18 <u>Biscuits and gravy</u> , fruit	19 <u>Honey garlic pork chops</u> , rice, broccoli	20 <u>Creamy gochujang noodles</u> , vegetable	21 <u>Red beans and rice</u>	22 <u>Chicken caesar wraps</u> , fruit	23 FAMILY BIRTHDAY
24 <u>Broccoli and sausage quiche</u> , fruit	25 <u>MEMORIAL DAY</u>	26 <u>Rosemary chicken thighs</u> , mac and cheese, green beans	27 <u>Skillet lasagna</u> , broccoli	28 <u>Creamy tomato and pesto chicken</u> , pasta	29 <u>Grilled salmon</u> , rice, salad	30 <u>Shrimp poke bowls</u>