

27 Life Skills

TO TEACH YOUR KIDS

- Earn money through chores
- Set a simple savings goal
- Divide money into save/spend/give categories
- Compare prices before buying
- Keep track of money
- Safely use stove, oven, and basic kitchen tools
- Make 2-3 basic meals
- Follow a simple recipe
- Prep basic ingredients
- Clean up after cooking
- Pack a simple lunch
- Do laundry start to finish
- Keep bedroom reasonably clean
- Wash and put away dishes
- Wipe down counters and surfaces
- Take out trash and replace liner
- Use a calendar or planner
- Complete homework/projects by deadlines
- Know how to call emergency services
- Memorize important phone numbers
- Treat a minor cut or scrape
- Recognize unsafe situations
- Know basic home safety rules
- Know address and basic personal information
- Follow screen time limits
- Ask before downloading or purchasing
- Understand basic online safety rules