

09



SEPTEMBER



2026

S U N	M O N	T U E	W E D	T H U	F R I	S A T
		1 <u>Cracked Out</u> <u>Tater Tot</u> <u>Casserole</u> , fruit	2 <u>Parmesan pork</u> <u>chops</u> , butter noodles, broccoli	3 <u>Chicken avocado</u> <u>burgers</u> , buns, french fries, salad	4 <u>Coconut shrimp</u> <u>curry</u> , rice	5 <u>Cottage cheese</u> <u>pesto pasta</u> , fruit
6 <u>Chicken feta</u> <u>bake</u> , bread	7  <u>Grilled meat ideas</u> for Labor Day.	8 <u>Turkey lasagna</u> <u>casserole</u> , salad	9 Tacos, black beans, corn	10 <u>Shrimp egg roll</u> <u>bowls</u>	11 Grilled sausages, buns, macaroni and cheese, broccoli	12  Out of town
13 <u>Easy creamy</u> <u>enchiladas</u> , salad	14 Hamburgers, french fries, zucchini	15 <u>Lemon ricotta</u> <u>ground turkey</u> , <u>pasta</u> , broccoli	16 <u>Copypat CFA</u> <u>sandwiches</u> , chips, fruit	17 <u>High protein</u> <u>hamburger</u> <u>helper</u> , green beans	18 <u>Marry Me</u> <u>chicken pasta</u> , salad	19 <u>Ground chicken</u> <u>Sloppy Joes</u> , buns, raw veggies
20 <u>Dutch oven</u> <u>Mississippi</u> <u>chicken</u> , rice, squash	21 <u>Turkey and</u> <u>mushroom</u> <u>orzo</u>	22 <u>Steak fajita</u> <u>power bowls</u>	23 <u>Swedish</u> <u>meatballs</u> , pasta, green beans	24 <u>Ranch chicken</u> <u>bites</u> , biscuits, salad	25 <u>Shepherd's Pie</u>	26 Grilled shrimp, coleslaw, bread
27  Community Group	28 <u>Peruvian</u> <u>chicken</u> , rice, fruit salad	29 <u>Vegetarian</u> <u>lentil tacos</u> , corn	30 <u>Pesto chicken</u> , <u>pasta</u> , roasted carrots			